As I reflect on the 2013/2014 academic year for our division, it can best be encapsulated as a year of firsts and beginnings.

It was our first year of subspecialty training with Dr. Raymond Egan as our first PGY5 trainee. In July, Ray will be joined by Drs. Caroline Armstrong and Joy Abramson as we work to develop our full capacity (which will be two candidates in each year. Thank you to Dr. Patty Hall for her leadership as Program Director and to the RTC who have taken on various training portfolios. This November, the program will have its first internal review which is scheduled for 18 months from the time that a program receives Royal College accreditation. We will be the second program in the country to have an internal review; University of Toronto was recently reviewed. I would like to express a special thank you to Tracy Henebry who is blazing a new trail in supporting the Postgraduate development.

In September 2013, the first CAP Subspecialty exam was held and several of our Division members bravely took the exam. Congratulations to the 100 % who passed.

Continuing Professional Development continues to flourish under Dr. Naveed Rizvi's stewardship. The Annual Symposium on April 25th was a product of CPD coming together with the growing Maternal Child Mental Health Program including Dr. Heidi Haensel and Sarah Parkinson CNS who have nurtured and developed this “baby” with a village of community partners. The collaboration and cooperation of the various internal and external partners to the program resulted in a very successful day with wonderful feedback. A special thank you to Faye Slote whose support of the Division generally and the Symposium specifically has been incredible. Faye, too, is a beginning. It is hard to believe that she has just completed her first year with us.

Another very important first this year was the Annual Research Half Day for the Division. Selecting the theme of collaboration, Dr. Jeff Carter led this very successful venture with Faye’s administrative support and Brenda Davidson’s attention to detail. Jeff is planning the second day for November 7, 2014 with the theme of Transitions.

Our Annual Research Report, published with the Department of Psychiatry Annual Report and also on the DCAP web link on the Department of Psychiatry website, is impressive and reflective of the Research growth in the Division and Jeff’s research leadership. Thank you to Jeff for coordinating the mandatory research projects for our Subspecialty residents.
We were not, unfortunately, the final selected site for the national CIHR: Boeckh Collaborative Grant. Our group application TRAM: CAYNIM (which included us as one of the final five selected collaborative sites) was one of three final sites (with Montreal and Toronto). The project led by Dr. Ashhok Malla in Montreal was the final selected site and will address early intervention. Thank you to Drs Graham Reid, Allan Lescheid, Margaret Steele, Javeed Sukhera and Stacey Espinet who joined me in submitting our site proposal. The project has served in bringing together many potential collaborative partners, across academic centers in Canada.

Although not a beginning, the Clinical Clerkship selectives (under Dr. Ben Loveday’s direction) and electives (under Dr. Ajit Ninan’s direction) continue to be very positively regarded.

Another “new” will be a Community Pediatric Fellowship with Pam Horne leading the Child and Adolescent component.

Clinical Innovation is alive and well. Javeed Sukhera is playing a major role in some very significant clinical innovations. He is leading the Transition Age Youth Project and has worked diligently with the Pediatric Emergency Physicians and John McKay from C-IT to implement the Emergency to Community Care Pathway for children and adolescents presenting to pediatric emergency with mental health issues.

This was our local project that evolved from our gap analysis with our community partners with the CAMH Southwest Collaborative and has potential to be a model for the province.

Continuing with firsts, Faye Slote is developing the DCAP component of the newly designed Department of Psychiatry website that is about to be launched.

I do want to thank the members of the DCAP Advisory Committee which was expanded this year to include a parent advisor, Lindsay Neil, Kathryn Lambert our community representative who is a program supervisor at London Middlesex CAS, Dr. Susan Rodger, Director of the Mental Health Program at the Faculty of Education and Dr. Mary Broga, representing the Distributed Medical Education Program in Windsor.

Congratulations to Dr. Patty Hall who received the Deans Award of Excellence: Postgraduate Education and to Drs Heidi Haensel and Rob Nicolson, who received the Postgraduate and Undergraduate Awards in teaching at the Department of Psychiatry Awards Dinner this past June.

Finally, through the generosity of the Children’s Health Foundation (CHF) at LHSC/Children’s Hospital a launch of DBT capacity building has become possible culminating with an Advanced DBT training workshop on September 22nd and 23rd. We
will also be doing evaluative research on the effectiveness of our DBT interventions at LHSC/Children’s and Regional Mental Health Care: Adolescent program

Leading progress and leading change is rewarding but it can take its toll. At our Annual DCAP meeting in May Dr. Alyson Byrne presented the work that she is undertaking at Ivey with Dr. Lorraine Crossan on Character in Leadership. This values based approach has the potential to help us to continue our energetic leadership, but coach us in how to care for ourselves in the process so that we don’t risk burning ourselves out.

Sandra Fisman
Professor and Chair DCAP

Division of Child and Adolescent Psychiatry annual reports from our leaders

Dr. Jeff Carter: Research

I would like to thank the site research leads (Dr. Carla Smith at Vanier, Brenda Davidson at LHSC, and Dr. Shannon Stewart at CPRI) for their assistance over the year, and Faye Slote for providing administrative support. I would also like to thank Dr. Marnin Heisel, Director of Research for the Department of Psychiatry. We have spoken a few times about strengthening research, and I look forward to further collaboration between the Division and the Department in this regard. The Division is aligning our annual reporting with Department to reduce the administrative burden on researchers. All researchers in the Division are completing the core training required by the Lawson Institute and Western’s Health Sciences Research Ethics Board, and Dr. Heisel has been instrumental in arranging for training.

Last year, the Division successfully held the First Annual Research Half Day on November 13, 2013. Dr. Jana Davidson from the Children’s and Women's Mental Health Programs Children's and Women's Health Centre of British Columbia spoke on “Developing Clinical Questions and Getting Them Answered – A Case Example,” and Dr. Graham Reid graciously invited me to join him in speaking about “Making partnerships work: Lessons from a community-based research program in children’s mental health.” Many members of the Division presented nine posters, and the award went to Dr. Heather Jacques and her colleagues for “Adopting the Collaborative Problem-Solving Model on an Inpatient Unit: Year One Progress Report of Staff Variables.”

This year, the Second Annual Research Half Day will be held the morning of Friday November 7, 2014. The theme is “Transitions,” and Dr. Simon Davidson from the
Children’s Hospital of Eastern Ontario will provide the keynote address. We are working on the agenda for local speakers and poster presentations.

The Journal Club completed a successful season. In October, Dr. Devita Singh spoke on boys with gender dysphoria, and in December, I asked, “Does Therapeutic Approach Matter?” Kirk Elliot spoke on neurobiological implications of addictions in February. In April, Dr. Raymond Egan provided a critical appraisal of a study on risperidone for the treatment of aggression in children with Attention Deficit/Hyperactivity Disorder. In June, Dr. Ajit Ninan spoke on predictive factors regarding side effects of psychotropic medications in children.

Dr. Ben Loveday: Undergraduate Medical Education Clerkship

During the past academic year, the DCAP has continued to offer senior medical students the opportunity to spend two weeks in a clinical rotation with a Child and Adolescent psychiatry service. There are ten distinct services in London and one in Windsor that have been available. During rotations, senior medical students participate in mental health assessment interviews, participate in family assessments and meetings, attend group therapy sessions, and attend and participate in inter-professional case conferences or treatment planning sessions. Students are also encouraged to give case presentations to the inter-professional team and to facilitate at least one scholarly discussion about an important clinical aspect of a current case.

Medical students have consistently rated these clinical experiences as "excellent" or better, as we are fortunate to have very enthusiastic physicians and inter-professional staff within the DCAP. Our services hosted over a third of the medical school class.

We also provide high quality elective experiences to both Western students seeking more exposure to child psychiatry, as well as visiting students from other centers. During the 2013-2014 academic year, we hosted 5 elective students from Western, and 6 visiting elective students.

In addition to clinical exposure to Child and Adolescent psychiatry practice, all senior medical students receive case-based seminars during their clerkship block in the following topics: 1. Interviewing skills particular to the assessment of young people, 2. Anxiety disorders among youth, 3. ADHD and disruptive behavior disorders, 4. Mood disorders, 5. Eating disorders, 6. Developmental disabilities, and 7. Childhood trauma. Our lecturers are consistently rated by students as "excellent" or better.

Dr. Naveed Rizvi: “CPRI Hub” Tele-Mental Health Service
Ontario Child and Youth Telepsychiatry Program (OCYTP) Expansion and Transition to Tele-mental Health services.

In April of 2014, as part of the Ontario’s comprehensive mental health addiction strategy, the Ministry of Children and Youth services (MCYCS) announced, the transition of OCYTP to the new "Tele-Mental Health Service".

The Tele-Mental Health Service will continue to be a consultation-based model. All publicly funded professionals working with children and youth including MCYCS Children’s Mental Health Agencies, School boards, Hospital Outpatient Programs, Family Health Teams, Aboriginal Health Access Centers, Friendship Centres and trained professionals in youth justice settings and professionals in other community based agencies will be able to refer to the Tele-Mental Health Services.

Utilizing Videoconferencing equipment through Ontario Telemedicine Network (OTN), specialized mental health consultations will be provided by the three Hubs:

1) Hospital for Sick Children (formerly known as the Central Hub).
2) Children’s Hospital of Eastern Ontario (formerly known as the Eastern Hub).
3) Child and Parent Resource Institute (formerly known as the Western Hub) which is a collaborative partnership between Child and Parents Resource Institute (CPRI), Division of Child and Adolescent Psychiatry, Schulich School of Medicine and Dentistry, Western University, London Health Sciences Centre (LHSC), St. Joseph’s Health Care, London and Hôtel-Dieu Grace Hospital in Windsor.

Six “Coordination Agencies” have been selected to coordinate promotion, access, outreach, partnership development and to provide organizational support for Tele-Mental Health Services for the six assigned geographical service-areas. Three services-areas are dedicated to general population service providers and three overlapping service-areas are dedicated to First Nation, Metis, Inuit and urban aboriginal service providers. The six Tele-Mental Health Coordination Agencies are:

1) Hands TheFamilyHealthNetwork.ca in North Bay, Parry Sound.
2) Woodview Mental Health and Autism Services in Burlington.
4) Southwest Ontario Aboriginal Health Access Centre in Chippewa of the Thames First Nation/Muncey.
5) Dilico Anishinabek Family Care in Fort William First Nation.
6) Weechi-it-te-win Family Services in Fort Frances
All referring organizations, professionals as well as former “Designated Agencies” will access Tele-Mental Health Services through the Coordination Agencies. All referring organizations will have equal access to the Service.

Service Delivery at CPRI Hub:

CPRI Hub continue to provide Clinical Consultations, Program Consultations, Education and Professional Development to Mental Health agencies operated by MCYCS, but also to other child and youth healthcare providers including Family Health Teams, pediatricians, school boards, etc.

The “CPRI Hub” team continues provide leadership in implementation and expansion of Tele-Mental Health Services at the regional and provincial level.

Consultant psychiatrists at “CPRI Hub” are all affiliated with the Division of Child Psychiatry, Department of Psychiatry, Schulich School of Medicine, and Western University. Their interest and expertise has been instrumental in maintaining Tele-Mental Health Services.

Using the Ontario Telemedicine Network (OTN), consultations are arranged at any of the CPRI Hub partner locations eliminating the need for consultants to travel to CPRI where the Hub offices are physically located.

Referrals:

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<th>Q1 2014</th>
<th>Q2 2013</th>
<th>Q3 2013</th>
<th>Q4 2014</th>
<th>YTD</th>
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<tbody>
<tr>
<td>Number of Referrals</td>
<td>122</td>
<td>111</td>
<td>127</td>
<td>124</td>
<td>484</td>
</tr>
<tr>
<td>Referrals Withdrawn</td>
<td>3</td>
<td>7</td>
<td>11</td>
<td>8</td>
<td>29</td>
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<tr>
<td>Redirect to Central Hub</td>
<td>17</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>15</td>
</tr>
<tr>
<td>Non materialized (client cancellations)</td>
<td>6</td>
<td>6</td>
<td>3</td>
<td>13</td>
<td>28</td>
</tr>
</tbody>
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- The majority of referrals continue to come from children’s mental health agencies, formally called designated sites (72%).
- 123 referrals (25%) have come from Health Teams in Grand Bend, Kitchener, Wellesley, East Wellington, Windsor, Mount Forest, South Grey and Upper Grand.
• Have also received 3 physician referrals.

Clinical Consultations –Total - 422

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<tbody>
<tr>
<td>Initial Consultations</td>
<td>87</td>
<td>74</td>
<td>72</td>
<td>71</td>
<td>304</td>
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<tr>
<td>Follow up consultations</td>
<td>19</td>
<td>26</td>
<td>36</td>
<td>25</td>
<td>106</td>
</tr>
<tr>
<td>Professional to Professional (client not present)</td>
<td>2</td>
<td>4</td>
<td>5</td>
<td>1</td>
<td>12</td>
</tr>
<tr>
<td>Total Clinical Consultations</td>
<td>108</td>
<td>104</td>
<td>113</td>
<td>97</td>
<td>422</td>
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</table>

Program Consultations and Education Sessions:

CPRI Hub continues to provide educational sessions at the regional as well as provincial level. Recent provincial educational seminar series arranged by CPRI hub and coordinated by CHEO Centre of Excellence, on Fetal Alcohol Spectrum Disorders, was very well-received.

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<tr>
<td>Number of Program Consults</td>
<td>3</td>
<td>5</td>
<td>3</td>
<td>4</td>
<td>15</td>
</tr>
<tr>
<td>Number of Education Sessions</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>4</td>
<td>8</td>
</tr>
<tr>
<td>Number of Provincial Education Sessions</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>2</td>
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</tbody>
</table>

Technical Performance Outcomes:

4 technology failures accounted for less than 1% of the scheduled consultations not being completed due to temporary network problems at the remote site.

Training opportunities for Residents:

CPRI Hub provides excellent opportunity for residents in the specialties of family medicine, pediatrics, psychiatry as well as for Child & Adolescent Psychiatry fellows, to
gain training and experience in Telepsychiatry and rural mental health care. Residents are encouraged and are welcomed to participate in Telepsychiatry consultation at any time during their training. PGY-III Psychiatry residents are required to do one Telepsychiatry consultation during the core child psychiatry rotation.

Research:

Western Hub (WH, now known as CPRI Hub) completed a study to evaluate the overall influence of WH Telepsychiatry services on improving practice of clinicians in the areas of symptom identification, implementing therapeutic intervention, collaborating care and access to professional development. An online survey was developed and distributed to clinicians working in six children’s mental health agencies affiliated with the Western Hub. A survey was also sent to Western Hub consultants to assess their perspectives.

Results of the study showed:

1) Telepsychiatry consultations improved the practice of clinicians working in rural communities in the areas of; symptom identification, implementing therapeutic interventions, collaborating care and access to professional development.

2) Clinicians report increased ability to implement strategies gained from Telepsychiatry in provision of care for their other community clients.

3) Clinicians value the increased accessibility for clinical consultations as well as the collaboration between consulting psychiatrist and community teams.

Results of the study were also shared with OCYTP, MCYCS children’s mental health agencies affiliated with the Western Hub and were presented as a poster at the Division of Child and Adolescent psychiatry 2013 research half day.

Dr. Naveed Rizvi: Continuing Professional Development

2013-2014 has been a busy and successful year for the CPD activities of the division. The DCAP continues to offer CPD activities, at the Departmental, Divisional and community level, with an emphasis on inter-professional learning, promoting evidence based practices enhancing community partnerships and capacity to address youth and family mental health issues.

While encouraging and supporting the residents and DCAP faculty members to present at the CPD events, nationally and internationally renowned guest speakers and experts were also invited to present at the 2013-2014 CPD events.
The CPD events were well attended by faculty members, allied health professionals, residents, medical and allied health students as well as community partners. Attendees evaluated the CPD events as; excellent learning opportunities in the areas of knowledge acquirement, skill development and in improving practice attitudes.

Using OTN videoconferencing and collaborating with “CPRI Hub”, (formerly known as “Western Hub”) of the “Tele-Mental Health Service” (formerly known as “Ontario Child and Youth Telepsychiatry Program”), regular access to DCAP CPD events was provided to Community partners including CPRI, RMHC-L, and the Children Mental Health Agencies associated with the CPRI Hub of the Tele-Mental Health Services.

Dr. Rizvi would like to thank Dr. Fisman, Chair of the Division of Child and Adolescent Psychiatry and DCAP Annual Conference Planning Committee members (Dr. Heidi Haensel, Dr. Laura Lyons, Dr. Ben Loveday, Dr. Brooke Noftle, Julie Jeanson RN, Sarah Parkinson, RN, MScN and Heather Struckett, RM, BHSc) for their support, advice and participation in planning the April 2014 Annual Conference. Thanks to our Residents (Dr. Joy Abramson, Dr. Grace Ferreria and Dr. Charles Ho) for volunteering at the Annual Conference in April 2014.

Dr. Rizvi would also like to express appreciation and thanks to Faye Slote, CPD Administrative Assistant for Division of Child and Adolescent Psychiatry, for her dedication and unrelenting efforts in arranging and organizing DCAP CME events.

Division of Child and Adolescent Psychiatry CPD events during the year 2013-2014:

**Complex Case Rounds** (alternating with Journal Club on the 2nd Wednesday of every other month):

July 10, 2013 - Kathryn Lambert - "Community Protocol to Protect Infants Living in High Risk Environments."

September 11, 2013 - Dr. Kamran Kizilbash - "Complex PTSD in Children of Military Families."

November 13, 2013 - Dr. Patty Hall & Dr. Julie Eichstedt - "The treatment of a complex youth within a fragmented health care system."

January 8, 2014 - Dr. Naveed Rizvi -"A case presenting with severe aggression, impulsivity, hyperactivity, emotional dyregulation and developmental delay."

March 12, 2014 - Dr. Devita Singh - “Gender Dysphoria or Dress Euphoria?”

July 9, 2014 – Dr. Javeed Sukhera – “Subjectivity in Psychiatric Diagnosis: Psychosis versus Schizotypal Personality”

**DCAP Journal Club** (alternating with Complex Case Rounds on the 2nd Wednesday of every other month, coordinated by Dr. Jeff Carter):

- October 9, 2013 - Dr. Devita Singh, “A Follow-up Study of Boys with Gender Dysphoria”
- December 11, 2013 - Dr. Jeff Carter, “Does therapeutic approach matter?”
- February 12, 2014 - Kirk Elliot, “Neurobiological Implications of Addiction and Emerging Treatment Practices”
- April 9, 2014 - Dr. Raymond Egan, "Critical Appraisal of a New Experimental Study Testing the Helpfulness of Respiridone for the Treatment of Severe Aggression in Children with ADHD"

**February 27, 2014, Division of Child and Adolescent Psychiatry Semi-Annual Meeting:**

Speaker: Dr. Stella Ng, PhD.
Topic: "Clinicians' work at the clinic-school interface: Supporting children with disabilities and chronic conditions."


The conference was a full day event with a morning session of Plenary and Workshop from 8:30 AM to 12:00 Noon followed by afternoon session with Workshops and Keynote from 1:00 PM to 4:30 PM. Conference was attended by 105 participants including Psychiatrists, Family Physicians, Pediatricians, Psychologists, Residents, Allied Health Professionals including Nursing and Social work, Children and Youth Workers Children Aid Workers, School counselors, Teachers and parents.
Plenary: Chaya Kulkarni, BAA, M.Ed, and Ed.D - “Recognizing and Responding to Vulnerabilities in Poor Mental Health during Infancy”

Keynote: Dr. Heidi Haensel, MD, FRCPC - "Tending the "Mother Land": Caring for mother’s mental health to promote resiliency in children”

Workshops:


Kathryn Lambert, MSW & Julie Smith, MSW. - “Accessing and navigating child protection services to promote child safety and family resilience.”

Heidi Haensel, MD, FRCPC & Dr. Laura Lyons, MD, CCFP - “Myths and Facts about Substance Use and Psychiatric Medications in Pregnancy and Breastfeeding.”

Dr. Jeff Carter, PhD (with Marion Whitfield MSW and Wendy Tapp-Moore CYW) - “The tangled web of children’s behaviour and parents’ mental health – and what we can do about it.”

May 15, 2014 - Division of Child and Adolescent Psychiatry Annual Meeting:

 Speakers: Dr. Alyson Byrne, Post-Doctoral Fellow, Ian O. Ihnatowycz Institute for Leadership, Ivey Business School at Western University.
Topic: “Leading the self so that you can lead others – A leadership character perspective.”
 Dr. Margaret Steele, FRCPC, Vice Dean, Hospital and Interfaculty Relations, Topic: “Talent Management: Opportunities for Leadership Development”

June 12, 2014 - Child and Adolescent Psychiatry CPD Grand Rounds:

Guest Speaker - Dr. Niva Piran, Ph.D., C. Psych.
Resident Case Presentation - Dr. Caroline Armstrong.

Department of Psychiatry Monthly Child and Adolescent Psychiatry Residents Rounds (3rd Thursday of Each month, except March, June, July and August):
DCAP closely collaborates with the Department of Psychiatry CPD Committee to organize Child and Adolescent Psychiatry Resident Rounds on a wide variety of child and adolescent topics.

Upcoming Events:
DBT Training and Consultation – Strategies and Approach While Working with Youths and Families.”
Monday, September 22 & Tuesday, September 23, 2014, 8:30 am- 4:30 pm, Best Western Lamplighter Inn & Conference Centre, London, ON.

DCAP Complex Case Round and Journal Club, alternating on the 2nd Wednesday of every other month.
12:00 PM – 1:00 PM, LHSC-Victoria Hospital, B8-035.
Videoconferencing to RMHCL Room C431 and CPRI Morgan Room 2-25 and Children Mental Health Agencies associated with the CPRI Hub of the Tele-Mental Health Services.

Division of Child and Adolescent Psychiatry Semi- Annual Meeting
Thursday, February 26, 2015, 4:30pm – 6:30pm, Best Western Lamplighter Inn and Conference Centre, London.
Topic / Speakers - TBA

Division of Child and Adolescent Psychiatry Annual Meeting.
Thursday, May 28, 2015, 4:30pm – 6:30pm, Best Western Lamplighter Inn and Conference Centre, London.
Topic / Speakers – TBA

Child and Adolescent Psychiatry Annual Conference.
Friday, April 17, 2015, 8:30 AM – 4:30 PM, Four Points Sheraton London.
Topic / Speakers – TBA

Child and Adolescent Psychiatry CPD Grand Rounds.
Thursday, June 11, 2015 8:30 AM– 10:30 AM
LHSC—Victoria Hospital, Zone B, 2nd Floor, Auditorium Room 119 (B2-119)
Topic / Speakers – TBA

Dr. Javeed Sukhera: Transition Age Services
The London Health Sciences Centre Transition Age Project (TAP) is well into phase one which includes an in-depth needs assessment including both LHSC and community partners. In addition, a research protocol has been submitted entitled: "Evaluating the Mental Health Needs of Transition Age Youth in London and Middlesex" to Western University's Office of Research Ethics. TAP has also convened an advisory committee which held its first meeting in April 2014. The needs assessment is scheduled for completion in December 2014 with plans for phase two to focus on capacity building and collaboration with hospital and community-based organizations and agencies to augment strategies already in place and to strengthen connections among them, particularly in terms of access and intake.

Other important initiatives

Dialectical Behavioural Therapy Grant

Dr. Sandra Fisman, Dr. Javeed Sukhera and Julie Jeanson were the recipients of a substantial grant from the Children’s’ Health Foundation for building capacity for Dialectical Behavioural Therapy across LHSC and RMHC programs. This grant will help subsidize a two day training event to take place on Monday, September 22 & Tuesday, September 23, 2014, from 8:30 am - 4:30 pm, at Best Western Lamplighter Inn & Conference Centre, London, ON. The grant will also fund online training for selected LHSC/Children’s staff and evaluative clinical research.

The workshop titled “DBT Consultation: Training, Strategies and Approaches When Working with Youths and Families.” will be organized under the auspices of the DCAP: CPD program with the organizational leadership of Dr. Naveed Rizvi. The workshop will be led by in London by two trainers from Behaviour Tech based in Seattle Washington, including Dr. Lawrence Katz, who was a trainer for the London Hospitals DBT Intensive Skills Training program in 2006 and trained the adolescent team at RMHC. The workshop is intended for mental health professionals who have basic training in DBT and would like to further advance their skills in implementation of DBT principles, strategies and approach for the treatment of transition age youth and families. Currently capacity building is underway and metrics are being chosen for common program evaluation. Aside from training staff and clinicians, goals include expansion and enhancement of existing dialectical behavioural therapy informed outpatient services to increase quality care reduce wait times and disrupt the cycle of repeated inpatient admission for patients who engage in self-harm and experience suicidal ideation and development of inpatient expertise.

Inpatient Programs
The LHSC Child and Adolescent Mental Healthcare Program - Inpatients has been pursuing significant programmatic changes to improve and enhance patient care. The interprofessional team has been piloting an innovative interprofessional communication tool and studying its effectiveness on patient safety. In addition, the inpatient unit has been actively partnering with MindYourMind and advertising the Be Safe safety planning mobile app that arose from the Southwest Ontario Service Collaborative. The unit has continued to pursue enhance training in Collaborative Problem Solving for both clinical and frontline staff.

The RMHC inpatient Adolescent unit has begun a developmental process of introducing DBT capacity building with the first phase being on-line training of outline staff. An implementation plan will be rolled out this fall in conjunction with the Advanced DBT Training workshop and with facilitation by DBT trained Outreach nurses.

**Dr. Patricia Hall- Postgraduate Education**

Over the past year, Child and Adolescent Psychiatry (CAP) Lectures have been provided for the PGY-1 and PGY-3 residents and for residents in the subspecialty program. The curriculum committee in CAP subspecialty program has reviewed all curriculum and has developed new curriculum including an orientation to Child and Adolescent Psychiatry for Subspecialty Residents as well as psychopharmacology curriculum. Information about the subspecialty program and other agenda items of the RPC is shared at CAP division meetings, CAP advisory meetings, Department of Psychiatry advisory committee meetings and departmental newsletters. If more specific information is required or if there are any questions please feel free to contact CAP postgraduate education office. Thank you to all faculty and staff involved in running the curriculum.

Residents have also had other educational opportunities including CAP Resident Rounds, CAP Complex Case Rounds, and CAP Journal Club. Residents involved in CAP Rounds for the past year include: Dr. Mehtaab Uppal, Dr. Joy Abramson, Dr. Habiba Nayyer, Dr. Raymond Egan, Dr. Pat Montaleone, Dr. Senthuran Gunaratnam and Dr. Grace Ferreria. Dr. Ray Egan has also participated in Journal Club over the past year.

Clinical rotations over the year include planned core rotations for PGY-1, PGY-3 and Subspecialty residents. Electives are also available for PGY-1 and senior residents, and subspecialty residents. PGY-2 residents are given an orientation information package including learning objectives for the PGY-3 year. Please see the CAP resident’s handbook for more information which is on the department website. For faculty working with subspecialty residents, learning objectives are also available on the department
website, and is also sent out prior to the start of the rotation. Thank you to Ms. Stephanie Rabenstein who is the Family Therapy Coordinator for ensuring family therapy skills are incorporated into the CAP clinical teaching units.

I would like to take this opportunity to update the department on the membership of the CAP Resident Program Committee (RPC): Dr. Sarah Armstrong, Psychotherapy Coordinator; Dr. Jeff Carter, Research Director; Dr. Javeed Sukhera, Curriculum Coordinator and LHSC Site Representative; Dr. Ben Loveday, RMHC Site representative; Dr. Sohail Makhdoom CPRI Site representative; Dr. Pamela Home, Evaluations Coordinator, Vanier Children’s Services Representative and Safety Committee Representative; Dr. Yousha Mirza, Windsor Site Representative; and Dr. Sandra Fisman CAP Division Chair; Dr. Patricia Hall, Program Director; Ms. Tracy Henebry, Program Administrator. The RPC has been busy over the past few months preparing for our internal review by the Royal College which will occur on November 4, 2014. Thank you to all faculty who have provided their time and expertise preparing the presurvey questionnaire for the Royal College.

The Resident Program Committee in Child and Adolescent Psychiatry is pleased to welcome Dr. Caroline Armstrong and Dr. Joy Abramson to the subspecialty program starting July 1, 2014. We would also like to congratulate Dr. Ray Egan PGY-6, who has successfully completed the first year of subspecialty training and has been promoted to PGY-7 resident this July. Congratulations also to Dr. Jonathon Tan who graduated June 2014 and will be participating in the CAP Practice Eligibility Route and has accepted a position in Calgary. As a reminder, applications for July 2015 are due in September, 2014. Two spots are available. Please refer to the department website for more information in regards to application requirements. For any questions concerning the subspecialty program, please contact Dr. Patricia Hall, Program Director, or Tracy Henebry, Program Administrator.