



## Psychiatry Department Communication

September 2019

### Department Overview

Welcome to a new academic year. We hope that everyone enjoyed their summer and is eager to continue to engage in the shared work of our academic mission.

We are delighted that Dr. Amer Burhan was selected from a pool of talented candidates by a search committee to serve as our departmental Vice Chair. He will begin in this role officially in early October, and will be gearing up between now and then.

Our Psychiatry Leadership Council (PLC) will hold its first ever retreat on November 7, 2019. At that retreat, members of the PLC will discuss our department's core values and strategic plan for the next couple of years. Please reach out to your representatives to ensure that we have your perspectives. Your opinions matter.

PLC membership includes the chair/chief, vice chair, site chiefs, division chairs, educational and research leadership.

We also want to highlight our next upcoming Departmental Meeting. With residency accreditation around the corner, Dr. Chris Watling will be sharing what we can expect. In addition, we will have our first departmental Annual Business Meeting with a comprehensive financial overview provided by Jim McCormack. Please see the details below and RSVP to the reception in Chandlee's home.

Finally, a big word of thank you to Sarah Jarmain, Sandra Northcott, Jodi Younger and the whole SJHC Accreditation Ready team for getting us all prepared for our accreditation visit.

### Department News

#### Psychiatry Awards

##### **Undergraduate Awards**

There are three undergraduate awards: two for pre-clerkship presenters, and one for clerkship. The Undergraduate committee will be responsible for adjudication processes and provide the Psychiatry Leadership Council with the names of the winners by June 30 of each year.

##### **Postgraduate Awards**

There are three postgraduate awards. All department faculty member are eligible from any core or distributed site. Best Clinical Supervisor – in recognition of a faculty member who is recognized for their clinical teaching. Best Clinical Educator – in recognition of a faculty member involved in postgraduate teaching that goes above and beyond clinical teaching including didactic lectures, curriculum development, etc. Should be a combination of both clinical teaching and contribution to didactics, curriculum development, and examinations/assessment.

Best Mentor – in recognition of a faculty member who goes above and beyond as a mentor, role model, and supporter for residents in the Department. Award criteria includes faculty who volunteer their time to support residency education

through mentorship, informal supervision, and other ways. Recipients are considered exemplary role models and advocates by the resident body. They sponsor mentees to create networking opportunities, demonstrate sustained commitment and dedication to mentees, as well as compassion, empathy and enthusiasm.

Adjudication for these awards is to be conducted and coordinated across the General Psychiatry Program, and the Child/Adolescent and Geriatric Subspecialty Programs. Whenever possible, residents should vote and provide input on these awards. The residency programs are to provide the Psychiatry Leadership Council with the names of winners by June 30 of each year.

### **Continuing Professional Development (CPD)**

The Continuing Professional Development committee has organized two CPD awards: Best CPD Presentation by a Resident, and Best CPD Presentation by Staff. These awards are to be adjudicated by the CPD lead by June 30 of each year.

### **Best Resident Teacher**

This award recognizes excellence in teaching (both didactic and clinical) for a resident in the Department of Psychiatry. All residents are eligible for this award including the general psychiatry program, and the subspecialty programs. Each year, medical students would be asked to vote on this award. Defer adjudication process to UGE lead.

### **Research Award**

Pending – Dr. MacDougall to discuss and develop.

### **Department-wide Awards**

All Department-wide awards are to be adjudicated by the Psychiatry Leadership Council. Any nominees or nominators will be asked to exclude themselves from adjudication. Nominations for these awards will be open April 1 of each year with a deadline of May 1. A letter of nomination will be requested which specifies how the nominee meets the award criteria. Supporting documentation may be attached if necessary (no more than 5 pages).

### **Administrative Staff Award**

This award recognizes the contribution of administrative staff in the Department. Award criteria includes collegiality, excellence, and professionalism.

### **Faculty of the Year Award**

The Faculty of the Year Award is the flagship award for the Department of Psychiatry. This award recognizes a member of the Department who excels in multiple areas. Award criteria include one or a combination of the following:

- ❖ Advocacy (works actively to reduce stigma and promote system improvement)
- ❖ Wellness Promotion (role models self-care and work-life integration and supports quality improvement initiatives in support of others' wellness)
- ❖ Clinical Innovation (leads or develops innovative clinical programs)

### **Team Award**

This award recognizes exceptional achievement by a team of three or more individuals (faculty and/or staff) who have come together in areas including research, education, administration, innovation, public service, or advocacy. The award recognizes a team that exemplifies:

- ❖ Enthusiasm for collaboration and ability to lead change
- ❖ Creative interdisciplinary or intraprofessional collaboration
- ❖ Innovation (clinical, educational, or research)

### **Award Eligibility**

Any faculty member of the Department who meets criteria is eligible for awards including clinical and basic science faculty. Any award winner would become ineligible for an award for two subsequent award cycles. For example, if someone wins a particular award, he or she would not be eligible to win again until the subsequent third cycle.

## Research Update

- ❖ Nicole Snake has taken on the role of the part-time Administrative Assistant to the Director of Research. Nicole completed her Human Resources Management Diploma and Human Resources Diploma at Fanshawe College. She is well-versed in the areas of research administration, human resources and customer service. Nicole has been supporting Dr. MacDougall in her role as Director of Research and Innovation, St. Joseph's Mental Health Care programs/Parkwood Institute Research (PIR) - Mental Health theme. Nicole has also provided admin support to Dr. Don Richardson and his team at the MacDonald/Franklin Operational Stress Injury Research Centre at PIR. Nicole can be reached at (519) 646-6100 ext. 47240 and [nicole.snake@sjhc.london.on.ca](mailto:nicole.snake@sjhc.london.on.ca). Her office is located at Room F5-320 at Parkwood Institute - MHCB.
- ❖ The 2019 Mental Health Research & Innovation Day: Expanding Partnerships and Impact is co-hosted by Lawson Mental Health Group and the St. Joseph's Mental Health Care Programs Research and Innovation Office / Parkwood Institute Research - Mental Health Theme. This will be held on Thursday, October 24, 2019 at Parkwood Institute. This free full-day event will be divided into two distinct components:
  - 8:00 am-10:00 am: Lawson Mental Health Group Strategic Planning Workshop (open to current and prospective Lawson scientists and associate scientists)
  - 10:30 am - 4:00 pm: Mental Health Research & Innovation Day (open to all students, staff, clinicians & community members interested in mental health care research & innovation). The day will include poster and oral presentations on topics related to mental health care research and innovation, as well as art and musical compositions by individuals with lived experience of mental illness.Our keynote speaker is [Aimee van Wynsberghe](#). Dr. Van Wynsberghe will be speaking about the ethics related to artificial intelligence in mental health care settings.

During the coming weeks, Dr. MacDougall will be reaching out to the Department of Psychiatry faculty members who are engaged in research to better understand their interests and areas of research, their current and future needs, and their vision for research in our department moving forward. Stay tuned!

## Education Update

### PGE Education

Welcome to Dr. Itoro Udo, the newest member of the Residency Program Committee. He will be taking on the Safety and Wellness role on the committee. Dr. Udo has extensive experience in resident education and is excited to be joining our team here at Western. Please note that the Wellness Initiative is continuing in operation. It is now led by Dr. Laura Powe and is a resident-driven initiative separate from the Residency Program.

### UME Education

Summer is drawing to a close and UME is busy preparing for the beginning of another academic year –launching our renewed curriculum for the incoming class and clerks, while delivering the legacy curriculum for years 2 and 4. It is an exciting time with new opportunities and changes in clerkship and pre-clerkship courses.

- ❖ Clerkship has now launched into CBME and we have successfully transitioned from OWL to Elentra. If you will be supervising year 3 clerks, please note that the attached document contains information about assessing our clerks in the upcoming academic year and explains the transition. There is also a separate information sheet regarding how to access [Elentra](#) and how to forward Elentra notification e-mails from UWO e-mail to another address. Also included is the URL to access the three short training videos on Elentra about how to Log In, how to trigger an assessment, and how to access completed assessments. Once you become familiar with logging in and seeing the new forms, completing the assessments will not be much more difficult nor time consuming than the old ones.

- ❖ We are also very excited to share that the 16 week Foundations Course starts in September for first year medical students. Thanks to the dedication and commitment by Dr. Aturan Shanmugalingam, who is the Psychiatry lead for this course.
- ❖ Key to a competency-based curriculum is the students' ability to track their learning experiences across all years. This occurs in many ways but one important process is “tagging” of sessions, exam questions, IL’s, cases, and other contributions to the curriculum. This is a critical part of each session and course. This must be done by the session leads or developers, as they truly know what each session delivers. All faculty members are requested to support this curricular goal by taking time to tag your sessions using the process incorporating a series of drop down menus. This will allow us easy entry of the “tagging” into Elenra. Students, staff and faculty can then easily search for and track learning in the curriculum.
- ❖ Thank you to all who signed up as Academic Coach (Year 1), ISGL facilitator in Year 1 (Integrated Small Group Learning previously known as PCCIA) or PCCIA facilitator in Year 2 (Patient-Centered Care Integration and Application). If you are still interested in these opportunities, please contact Sreelatha Varapravan.

### **Developmental Disabilities Program**

#### Meds 2

- ❖ The Developmental Disabilities Program, in collaboration with education leads at Schulich, has developed a new section in the second year medical school curriculum. This three day series will be devoted to developmental disabilities. Using an interdisciplinary approach, students will be exposed to a stimulating series of lectures and case presentations. This section is slated to debut in January of 2019.

#### Fellowship Information

The Developmental Disabilities Program is exploring the possibility of creating a PGY VI fellowship year dedicated to learning about and caring for this population. Stay tuned.

#### CPA

- ❖ Dr. Nicolson and Sarah O’Flanagan presented a workshop at the 2019 Canadian Psychiatric Association along with colleagues from the medical schools at the University of Ottawa, the University of Toronto, and McMaster University. This workshop focused on the development of new educational approaches and curricula for medical students and residents with regards to the assessment and treatment of people with developmental disabilities.

## **Clinical Update**

### **LHSC**

- ❖ The Medical Stability Policy has gone live in an effort to improve the transfer of care process from the ED to psychiatry. It defines “medical stability” and when it is appropriate to transfer patients. Many individuals participated in this endeavour but special thanks go to Vico Dagnone and Viraj Mehta for leading the initiative. Please contact one of them if you need a copy of the policy or have questions about it.
- ❖ The FirstNet-based handover tool has gone live in CEPS. This tool is enhancing communication among team members. If there is feedback on how to make it more functional, please contact Hooman Ganjavi or Lauren Riggan. Thank you both for taking the lead on this important quality improvement initiative.
- ❖ LHSC has a new leadership structure. We are grateful to Julie Trpkovski for her three years of dedication to the mental health mission. The new structure includes as Executive Vice President, Jackie Schleifer Taylor; Interim Vice President, Mental Health, Tom McHugh; Inpatient Director, Brian Brennan, and Outpatient Director, Heather Lumley. We look forward to working collaboratively with them.

## Recruitment

Thank you to everyone for a strong summer recruitment season. We are still interested in receiving applications from talented candidates in many settings, particularly forensics, geriatrics, and inpatient psychiatry. We met with people at the Canadian Psychiatric Association and hope to continue spread the word regarding terrific opportunities here in London.

## Upcoming Events

### **First Annual Medicine Update in Mental Health**

Friday, September 20, 2019, 8:25 am – 4:15 pm

Unraveling the Enigma of Headaches and Mental Illness

Venue: Best Western, Lamplighter Inn

Keynote: Dr. Paul Cooper and Dr. Saphideh Taheri

Contact: Kate Hayes for additional information on any of the above listed events either by email

[Kate.Hayes@sjhc.london.on.ca](mailto:Kate.Hayes@sjhc.london.on.ca) or phone 76554 or feel free to check out our website at:

[https://www.schulich.uwo.ca/psychiatry/about\\_us/events/index.html](https://www.schulich.uwo.ca/psychiatry/about_us/events/index.html)

### **SJHC Accreditation**

On-site visit – September 30, 2019 to October 3, 2019

### **Run for Peace of Mind**

Sunday, October 6, 2019

Please sign up, volunteer, or help with fundraising efforts.



This 5km/10km walk/run benefits the PEPP and FEMAP programs directly! It is a family-oriented event with a free Tot Run, giveaways, activities, and food for everyone.

### **Early bird registration deadline is Sept 15**

We need volunteers on the day of the race too! This is a great opportunity for patients, family members or staff. If you are interested, please contact myself or Justin Tiseo [justin.tiseo@lhsc.on.ca](mailto:justin.tiseo@lhsc.on.ca)

### **2019 OPOP Annual Retreat**

October 17-18, 2019

Best Western Plus Lamplighter Inn

#### **DESCRIPTION**

The Ontario Psychiatric Outreach Program (OPOP) is pleased to announce its 21st annual retreat, “Managing Complexity in Outreach - Laughing, Engaging, Navigating.” The OPOP retreat is a two day interactive event that brings together the OPOP network of collaborators and key stakeholders. The annual OPOP retreat is an opportunity to participate in shared professional development, thought provoking presentations and interactive discussions to support and challenge each other to provide the highest quality service possible to the areas we serve.

At the 2019 event, you will have the opportunity to:

- ❖ Share and learn more about mental health outreach work directly with members of the OPOP network of collaborators and local service providers;
- ❖ Learn more about the northern region of Ontario, specifically their mental health and addictions needs,
- ❖ Challenges and opportunities to serve.

#### **REGISTER**

[https://www.eventbrite.ca/e/2019-opop-retreat-tickets-68277908061?utm\\_term=eventurl\\_text](https://www.eventbrite.ca/e/2019-opop-retreat-tickets-68277908061?utm_term=eventurl_text)

### **Schulich Medicine & Dentistry's Homecoming Panel Discussion**

October 19, 2019, 9 to 10:15 a.m.

Room 146, Medical Sciences Building

- ❖ Burnout is a major issue in the medical and dental profession. Join us for a thought-provoking panel discussion that explores how it is affecting students and trainees, physicians, dentists and patients.

Information and RSVP

[https://www.westernconnect.ca/site/Calendar;jsessionid=00000000.app251a?id=135708&view=Detail&NONCE\\_TOKEN=2FFA9D890E07CFA82C3A6045194916C9](https://www.westernconnect.ca/site/Calendar;jsessionid=00000000.app251a?id=135708&view=Detail&NONCE_TOKEN=2FFA9D890E07CFA82C3A6045194916C9)

### **Schulich Medicine & Dentistry's Dean's Distinguished Lecture**

October 19, 2019, 10:30 to 11:45 a.m.

Room 146, Medical Sciences Building

- ❖ Dr. Danyaal Raza, MD'09 has been selected as the recipient of this year's Dean's Distinguished Lecture Award. Join us for his lecture, The unfinished business of Medicare: the fight for prescription drugs.

Information and RSVP

<https://www.westernconnect.ca/site/Calendar?id=135709&view=Detail>

### **Quarterly Department of Psychiatry Meeting**

October 29, 2019 at 3:00 PM – 5:00 PM

Parkwood Mental Health Care Building - F2-235 Auditorium

5:30-7:30 Reception in Chandlee's home

This is our Department's first Annual Business Meeting. Jim McCormack will present detailed financial information. Associate Dean Chris Watling will prepare us for Western's upcoming residency review. Dr. Dickey will present the Year in Review and update us on Departmental next steps.

### **17th Annual Geriatric Psychiatry Symposium**

Wednesday, November 6, 2019, 8:20 am – 4:20 pm

Aging in a Changing World: Promoting Lives That Thrive

Venue: Best Western, Lamplighter Inn

Keynote: Dr. Peter Donahue and Dr. Carole Cohen. An additional presentation on the Butterfly Model in Canada by Catarina Versaeval

Contact: Kate Hayes for additional information on any of the above listed events either by email

[Kate.Hayes@sjhc.london.on.ca](mailto:Kate.Hayes@sjhc.london.on.ca) or phone 76554 or feel free to check out our website at:

[https://www.schulich.uwo.ca/psychiatry/about\\_us/events/index.html](https://www.schulich.uwo.ca/psychiatry/about_us/events/index.html)

### **9th Annual Mental Health Symposium**

Friday, November 22, 2019, 8:25 am – 4:15 pm

Women and Men and Mental Health Matters

Venue: Best Western, Lamplighter Inn

Keynote: Dr. Verinder Sharma and Dr. Lena Palaniyappan

Contact: Kate Hayes for additional information on any of the above listed events either by email

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### **Residency Review**

November 25, 2019 to November 26, 2019

## Residents' Corner

### Coming soon:

- ❖ The Residency Program will be setting up a Faculty mentorship program in the coming weeks. This will be a voluntary program that allows residents to team up with faculty of their choice for mentoring, support, and guidance. An announcement will be made shortly.
- ❖ The Residency Program will be releasing a critical incident policy that will better outline action that needs to be taken when there is a critical incident involving a resident. This policy will be released shortly.

## Acknowledgements & Celebrations

- ❖ The Department of Psychiatry hopes to announce the creation of a lasting medical student award to honour our friend and colleague, Dr. Rajendra Harricharan. The criteria for the award will reflect his characteristics that we hold dear: his kindness, compassion, commitment to serving the community, caring about the welfare of all, and integrity. Students of the graduating class will select the awardee. To support this award, we need to raise \$26,000 by December 21, 2019. We have raised more than \$8,650 to date. Please spread the word so that we can honor Raj.



- Dr. Harricharan touched, enhanced, and brightened the lives of many. Please help us keep his legacy of compassion alive. To donate, click here or [www.westernconnect.ca/harricharan](http://www.westernconnect.ca/harricharan) or print out this form and mail a check. \*please see the flyer below on page 8.
- ❖ It is our pleasure to announce the appointment of Dr. William (Bill) Sischek as our new Integrated Vice-President, Medical and Academic Affairs, London Health Sciences Centre and St. Joseph's Health Care London. Bill has been actively involved in the clinical academic life of our two hospitals and Western University for over 30 years. He is a Canadian Certified Physician Executive (CCPE) and has served as a committed physician leader including the teaching and mentoring of many new physicians. As the recipient of both an LHSC and a St. Joseph's Medical Advisory Committees (MAC) Award for his outstanding contributions Bill is an experienced, inclusive and visionary leader.

Bill will continue to provide inspiration, direction and support to city-wide professional staff including residents/fellows and administrative staff across both hospitals. He will work collaboratively with the Chairs of the Medical Advisory Committees and the LHSC Chief Medical Officer to facilitate the work across both hospitals and contribution to the building of regional integrated system of care. Bill will provide executive leadership for a broad reaching city-wide portfolio encompassing Medical Affairs and Medical Informatics and will work collaboratively with the city-wide Departmental Chiefs in all talent development work. He will collaborate to advance an ambitious academic mandate with the Schulich School of Medicine and Dentistry.

- ❖ Please join us in welcoming Dr. Bernard Grynspan (Zev) as a Full time Clinical Academic with the Department of Psychiatry, Division of General Psychiatry, Schulich School of Medicine & Dentistry, Western University effective September 1, 2019. Zev joins us from Student Health Services at UWO. He has also been engaged as the Co-lead Group Therapist with the Dialectical Behaviour Therapy Group, Student Health Services, Western University. Zev brings great academic interests and we wish him a flourishing academic career with us in London. Zev will be based out of LHSC and will be a part of the Ambulatory mental Health Services program at Victoria Hospital.
- ❖ Please join us in welcoming Dr. Hendrica Leslie Ritchie as a Full time Clinical Academic with the Department of Psychiatry, Division of General Psychiatry, Schulich School of Medicine & Dentistry, Western University effective September 1, 2019. Leslie joins us from Student Health Services at UWO. She has also been extensively engaged since 2013 as the Co-lead Group Therapist, Dialectical Behaviour Therapy Group, Student Health Services,



Western University. Leslie will be based out of LHSC and will be a part of the Ambulatory Mental Health Services program at Victoria Hospital.

- ❖ Join us in welcoming Brian Brennan, RRT as the new Adult Inpatient Mental Health Director; Heather Lumley, new Director of the Ambulatory Mental Health Care Program; and Tom McHugh, Interim VP of Clinical Services.

Dear colleagues, and friends of Dr. Harricharan:

The Department of Psychiatry is pleased to announce the creation of a medical student award to honour our friend and colleague, Dr. Rajendra Harricharan. The criteria for the award will reflect his characteristics that we hold dear: kindness, integrity, and compassion, as well as a deep commitment to serving the community and the welfare of others. Potential recipients will be nominated by students of the graduating class.



It is our hope to choose a recipient from the 2019-2020 class. To do this, we need to raise \$26,000 by December 31, 2019 in order to establish a minimum \$1,000 annual award in perpetuity. If we are unable to reach that goal by December 2019, the total amount raised will be donated to the medical school for a different cause, such as to support student wellness. All contributions are appreciated, irrespective of size and qualify for a tax receipt. Gift can be made online at [www.westernconnect.ca/harricharan](http://www.westernconnect.ca/harricharan) or with a cheque made payable to Western University, earmarked to the Dr. Rajendra Harricharan Memorial Award. *If you would prefer to be contacted by Western Directly please let a member of the organizing committee know.* Please help us reach the many people whose lives were touched by Raj by forwarding this email.

Dr. Harricharan touched, enhanced, and brightened the lives of many. Please help us keep his legacy of compassion alive.

Thank you for your act of generosity,  
The Dr. Rajendra Harricharan Memorial Award Committee

Chandlee C. Dickey, M.D.  
Rahul Manchanda, M.D.  
Sandra Northcott, M.D.  
Lauren Riffin, M.D.  
Priya Subramanian, M.B.B.S.  
Sreelatha Varapravan, M.B.B.S.