

Psychiatry Department Communication

October 2019

epartment Overview

Congratulations to all of the staff and faculty at St. Joseph's for such a stellar accreditation visit! This is a testament to the extraordinary commitment and focus on improving the experience for patients and their families. We will continue to maintain and exceed these standards so that we are accreditation ready daily.

At the end of November our training programs will also undergo review by the Royal College. Dr. Chris Watling met with us at the Quarterly Department Meeting to give an overview of the process.

Our Quarterly Department Meeting on October 29th served as our inaugural Annual Business Meeting. Jim McCormack reviewed our Department's finances to help deepen our shared understanding of opportunities and vulnerabilities. This is important as we consider how we want to shape our department and invest in our future. Another opportunity for engagement in planning for the future of our Department is by talking with your representative on the Psychiatry Leadership Council (PLC). The PLC serves as a conduit for ideas and information. Our leaders on the Council include:

Amer Burhan, Vice Chair, Geriatrics Chair
Sandra Northcott, Site Chief, St. Joseph's
Mohamad Elfakhani, Site Chief, LHSC
Arlene MacDougall, Research Director
Varinder Dua, CPD Director
Sreelatha Varapravan, UGE Director
Hooman Ganjavi, Adult Program Director
Patty Hall, Child & Adolescent Program Director
Michele Doering, Geriatrics Program Director

The PLC is having its first Retreat on November 7th at the Ivey Executive Centre. The purpose of this Retreat is to envision "success" for our Department, consider opportunities and aspirations, and formulate elements of a two-year strategic plan. Your input to your representatives is critical to the success of this Retreat. Please communicate with your representative what you think is important to meet our shared mission. –*Chandlee Dickey*

Research Update

We will be setting up times over the next couple of months for Department members to meet with me to discuss their experiences and current programs of research, as well as to provide their thoughts, ideas, priorities and vision to facilitate and promote research in our department going forward. In-person meetings at various sites will be offered as well as opportunities to connect remotely via t-v-conferencing. Please ensure to RSVP to Nicole.snake@sjhc.london.on.ca and indicate which meeting time you will be joining. Thank you!

We also want to inform everyone that we will be keeping an ongoing list of individuals (e.g., students, research assistants, volunteers) who have expressed interest to be involved in research within the Department of Psychiatry. If anyone is looking for someone to join their team, please let us know (contact: Nicole.snake@sjhc.london.on.ca). We would be happy to pass along their contact information & interests. –*Arlene MacDougall*

Clinical Update

St. Joseph's

St. Joseph's Health Care London underwent their Accreditation Survey September 30-October 3. The debrief led by the Accreditation Canada Survey team was quite positive as we **met all the ROPs** (Required Organizational Practices), **met 1936 standards** (99.6%) and Mental Health was highlighted for our work on **Zero Suicide, Safewards and dementia care**.

The accreditors highlighted some overall strengths:

- ❖ Active physician engagement: Credentialing is happening across both sites and collaborative work is being seen.
- ❖ It is very clear that everyone within the organization is committed to the mission.
- ❖ Research & Academics: we have instilled strong processes and pillars that support priorities in academics which makes us a better organization. There are 6 funded research chairs which is an unbelievable achievement.
- ❖ Patients said, "St. Joseph's feels like family".

There were opportunities for further improve:

- ❖ Change fatigue – lots of new initiatives with little chance for rest.
- ❖ Standardize the care partnership framework across sites.
- ❖ Publish more! We have lots of leading practices and processes that should be shared

Recruitment

Our efforts currently are focused on attracting our own talented graduating trainees. We have been incredibly fortunate to attract dedicated and professional psychiatrists into our diverse residency programs. We strive to create a smooth transition for them as faculty and support their blossoming careers.

We continue to solicit talented applicants for numerous positions, particularly for our inpatient services at LHSC.
-Chandlee Dickey

Upcoming Events

17th Annual Geriatric Psychiatry Symposium

Wednesday, November 6, 2019, 8:20 am – 4:20 pm

Aging in a Changing World: Promoting Lives That Thrive

Venue: Best Western, Lamplighter Inn

Keynote: Dr. Peter Donahue and Dr. Carole Cohen. An additional presentation on the Butterfly Model in Canada by Catarina Versaeval

Contact: Kate Hayes for additional information on any of the above listed events either by email

Kate.Hayes@sjhc.london.on.ca or phone 76554 or feel free to check out our website at:

https://www.schulich.uwo.ca/psychiatry/about_us/events/index.html

Association of General Hospital Psychiatric Services (AGHPS) Leadership Summit

Friday, November 8, 2019

Dr. Elfakhani and Dr. Dickey will be presenting at this years AGHPS Leadership Summit. The topic will be: Hospitalists as MRP on Acute Inpatient Units: Addressing Psychiatrist Shortages

Service Milestone 25 Year+ Celebration

Thursday, November 14, 2019, Starts at 6pm

Best Western Lamplighter Inn

<https://intra.lhsc.on.ca/hr/employee-services/service-awards/2019-service-award-celebrations>

Service Milestone 10, 15, and 20 Year Celebration

Monday, November 18, 2019, Starts at 6pm

Victoria Hospital C3-301A&B

11:00-12:00pm

1:00-2:00pm

3:00-4:00pm

or

Tuesday, November 19, 2019, Starts at 6pm

University Hospital PDC Cafeteria

11:00-12:00pm

1:00-2:00pm

3:00-4:00pm

Upcoming Events Continued...

9th Annual Mental Health Symposium

Friday, November 22, 2019, 8:25 am – 4:15 pm

Women and Men and Mental Health Matters

Venue: Best Western, Lamplighter Inn

Keynote: Dr. Verinder Sharma and Dr. Lena Palaniyappan

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Residency Review

November 25, 2019 to November 26, 2019

Minds of London-Middlesex Convening 2019

Friday November 29, 2019 8:00am – 4:30 pm

Venue: BMO Centre London, free parking is available. Breakfast and lunch will be provided

Tackling Complex Youth Mental Health System Challenges

Participants will:

- Receive an update about minds activities and learnings
- Engage in social innovation processes
- Collaboratively test new solutions

<https://www.mindslondonmiddlesex.ca>

26th Annual P. Chandarana London Psychiatry Review Course

Monday, January 20 - Saturday January 25, 2020

Venue: Four Points by Sheraton London (Bristol Ballroom)

1150 Wellington Road, London On N6E 1M3

Objectives of the Course:

- To learn to process OSCE stations
- To learn to manage patients according to CANMEDS roles
- To review all major psychiatric disorders
- To practice evidence based psychiatry
- To interact with leading Canadian experts in psychiatry

More information:

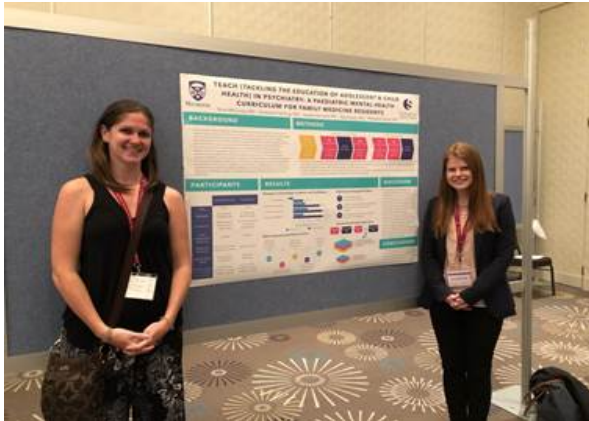
https://www.schulich.uwo.ca/psychiatry/about_us/events/2020/2020_p_chandarana_london_psychiatry_review_course.html

To Register: <https://conferences.adt.wts.uwo.ca/default.aspx?conferenceID=344>

Contact : Jason Widdes: Jason.Widdes@sjhc.london.on.ca

Acknowledgements & Celebrations

On October 16, 2019 St Joseph's celebrated physicians, clinicians and staff who achieved a long service milestone. One of those recognised was Dr. Michael Milo, with ACT 3, has been with St Joseph's for 40 years. In 2014, Dr. Milo received the St. Joseph's Leadership in Mission Award. In his nomination it was stated, "there is no place of person Dr. Milo considers beyond his reach". That remains true today.

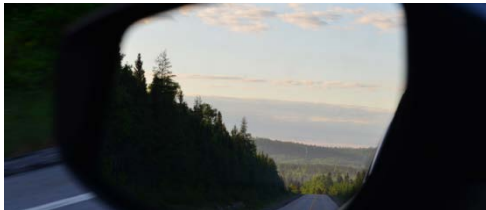


Congratulations to Dr. Kim Fielding and Dr. Nina McCurdy for winning the prize for Best Poster Presentation By a Member-In-Training at the 2019 Annual Conference of the Canadian Academy of Child and Adolescent Psychiatry

LHSC Long-service awards

Thank you for years of service, dedication and patient care:

- ❖ 10 years of service for Dr. Sarah Armstrong, Dr. Heidi Haensel and Dr. Volker Hocke.
- ❖ 15 years of service for Dr. Margaret Pelz.
- ❖ 20 years of service for Dr. Simon Chiu.
- ❖ 35 years of service for Dr. Dan Lefcoe.



The Extended Campus Program has been featured in our medical school's magazine "Rapport".

https://www.schulich.uwo.ca/rapport/2019/education/northern_exposure.html

The Department would like to congratulate **Dr. Sarah Jarman** on earning the Joint MAC Chairs' Award for 2019. The Joint MAC Chairs' Award recognizes a hospital or Professional Staff member at LHSC and/or St. Joseph's who has actively contributed to the recent success and best practices of the MAC or its Subcommittees.



London Magazine named Dr. Javeed Sukhera as one of the Top 20 Under 40!
<http://londoninmagazine.ca/2019/10/03/20-under-40-class-of-2019/>

Acknowledgements & Celebrations Continued...

Department Meeting Awards

Research

Department Researcher of the Year Award – **Dr. Peter Williamson**

Resident Research Award – **Dr. Matt Park**

Education Awards

Continuing Professional Development (CPD)

Best CPD Presentation by a Resident - **Dr. Jeremy Chitpin**

Best CPD Presentation by Faculty - **Dr. Peter Williamson**

PGE

Junior Resident of the Year – **Dr. Jeremy Chitpin**

Senior Resident of the Year – **Dr. Jonathan Gregory**

Dr. Paul Patterson Resident Award – **Dr. Jonathan Gregory**

Best clinical Supervisor – **Dr. Julie Richard**

Best Clinical Educator – **Dr. James Ross**

Best Mentor – **Dr. Priya Subramanian**

UGE

Best Meds 5207 Lecturer – **Dr. Vasavi Poolacherla**

Best Patient-Centered Clinical Methods (PCCM) Facilitator – **Dr. Jason Quinn**

Clerkship Seminar Leader of the Year - **Dr. Helen Park**

Clerkship Supervisor of the Year – Windsor – **Dr. Pasquale Montaleone**

Clerkship Supervisor of the Year – Local – **Dr. Naghmeh Mokhber**

Clerkship Supervisor of the Year – DEN – **Dr. Kathleen Broad**

Resident – Teacher of the Year – **Dr. Jonathan Gregory**

Division Awards

Geriatric

Excellence in Post-graduate Education – **Dr. Michele Doering and Dr. Amer Burhan**

Dr. David Harris Award - **Sahand Babapoor-Farrokhran**

Child & Adolescent

Award of Excellence in Post-Graduate teaching – **Dr. Robert Nicolson**

Award of Excellence in Undergraduate Teaching – **Dr. Sandra Fisman**

Administrative Staff Award

Kate Hayes