

# Department of Psychiatry Newsletter



**Spring 2014 - Issue 73** 

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## Chair/Chief's Report

#### Dear Colleagues,

All of us have endured the cold and snow that characterized this year's winter. With the coming of spring, the annual sense of renewal and fresh beginnings is upon us. The focus on renewal is very relevant to our Department as we plan for 2014 and beyond. The Schulich School of Medicine and Dentistry has moved to Activity Based Budgeting and a new funding allocation model has been initiated. Several guiding principles were adopted to create the new budget model including a commitment to make the budget process more transparent and accountable and to link budget allocations to agreed-upon deliverables related to teaching, research and administration. The new allocation model and budget allocations have been announced and will be implemented over the next two to three years. The transition period will assist those departments that receive decreased resources with the recalibration of the allocations to departments.

As anticipated, our department will receive a 5% reduction in our budget with the new Activity Based Budgeting. We can anticipate further reductions over the next two to three years. However, we have the opportunity to maximize the allocation for our department and to be masters of our own fate

moving forward. We can increase the allocations to our Department by ensuring that we work on the following deliverables:

- Participation in small group teaching in the Undergraduate Education Program,
- Secure and sustain all three Subspecialty Training Programs in Child and Adolescent Psychiatry, Geriatric Psychiatry and Forensic Psychiatry,
- Increase the numbers of Postgraduate Trainees including the development of a free-standing residency program in Windsor,
- Increase the level of collaboration between our research faculty and clinical faculty. The Dean is committed to seeing increased productivity with regards to research funding and publications from our Clinical Faculty and our budget allocations will be rewarded for higher levels of collaboration.

All Faculty must also ensure that our data related to our education and research activities are being fully captured and reported. For Education, One45 is the database that is used across all departments in Schulich to capture the medical training days and the number of teaching hours. For Research, the information on publications and grants will be pulled primarily from Acuity Star and therefore it is imperative that this information is well maintained, up to date and accurate. However, in addition to the data is the work; each full-time clinical academic has a responsibility to ensure that the above deliverables are increased in order to improve our budgetary standing. We plan to launch a "scorecard" on the Department website so that Faculty can be up to date on our progress in improving our deliverables.

These are tough financial times as both the hospitals and universities struggle with shrinking resources. The new budgetary processes; however, provide us the opportunity to steer ourselves through these challenging times. Spring, the warmer days and a renewed focus on the above can allow the Department to continue to grow and flourish. Please enjoy the sights and sounds of spring and the longer hours of sunlight.

## **Postgraduate Education**

The New Year started with CaRMS preparations well underway with interviews schedule on both January 20 and February 4. Indeed, CaRMS was a success with nearly 80 candidates joining us on one of these two days. Again this year, we received tremendous support from faculty, residents and staff without which the interview days would not have been so successful. With interviews wrapped up and our rank list submitted, we anxiously await Match Day on March5, anticipating another fine group of residents will fill our nine spots for the incoming PGY1 cohort.

The PGE Office

## **Division of Child and Adolescent Psychiatry**

The Annual Conference of the Division of Child and Adolescent Psychiatry will be held on April 25, 2014 at the Four Points Sheraton London. This year's title is "Mother Child Mental Health- Managing Risks and Promoting Resiliency in Families". The choice of this topic is twofold: it is a very important component of early intervention, with cross department and community collaboration and it also is a celebration and acknowledgement of the establishment of the Perinatal Metal Health Clinic at LHSC. The Conference Planning Committee has developed an outstanding program for the day. The conference will be of interest to psychiatrists, family physicians, psychologists, residents and allied health professionals including nurses, social workers, child and youth counselors as well as parents and families. You can also obtain the agenda and get registered for the conference on line at <a href="http://www.psychiatry.meduwo.ca/dir/content/upcoming-events">http://www.psychiatry.meduwo.ca/dir/content/upcoming-events</a> or by directly contacting Faye Slote faye.slote@lhsc.on.ca 519-685-8500 ext. 75783 for registration and event details.

#### Mark your calendars for other upcoming 2014 Continuing Professional Development Events

- Complex Case rounds are held at LHSC, room # B8-035 and video-conferenced to CPRI, RMHC as well as
  Western Hub sites, every 2nd Wednesday of alternating months from 12:15 to 1:15 PM. Watch your
  email for details of each presentation. The next rounds will be on March 12th and Dr. Devita Singh will
  present on Gender Dysphoria in children.
- Monthly Child and Adolescent Psychiatry Resident Rounds are held on the 3rd Thursday of the month. The Division closely collaborates with the Department of Psychiatry CPD Committee to organize Child and Adolescent Psychiatry Resident Rounds on a monthly basis, except March, June, July and August. Psychiatry residents present a wide variety of child and adolescent topics. At the most recent February rounds, Dr. Pat Montaleone treated the audience to an update on DSM 5 and a case-based evidence informed algorithm for treatment of OCD in youth.
- The Division Semi Annual Meeting took place on Thursday, February 27th at the Best Western Lamplighter Inn and Conference Centre. Dr. Stella Ng, PhD, FAAA presented "Clinicians' work at the clinic-school interface: Supporting children with disabilities and chronic conditions". Dr. Ng is Director of Research, Centre for Faculty Development; Education Scientist, Centre for Ambulatory Care Education; and Assistant Professor, Faculty of Medicine at the University of Toronto. She is also a scientist in the Li Ka Shing Knowledge Institute at St. Michael's Hospital.

#### Looking much further ahead......

- On May 15th Dr. Alyson Byrne from the Ivey School of Business will present at the DCAP Annual meeting on self-care for effective leadership
- At the Department of Psychiatry Annual CPD Morning of the Division of Child and Adolescent Psychiatry

   on June 12, 2014. Dr. Niva Piran, from the University of Toronto, who has done elegant qualitative
   research into the complexities in the development of Eating Disorders will present her work. Dr. Piran's
   is a sought after speaker and we are very appreciative that she has accepted our invitation. She will also

be available to spend time with both the Adolescent and Adult Eating Disorder Programs at LHSC. PGY4 resident, Dr. Caroline Armstrong, will do a clinical presentation applying Dr. Piran's Developmental Theory of Embodiment.

 Save the date for a two day Dialectical Behaviour Therapy (DBT) workshop "Advanced training for work with adolescents and families "by Dr. Lawrence Katz, September 22 & 23, 2014. Details regarding location and registration to be announced.

#### **Postgraduate Education Child and Adolescent Psychiatry**

The Postgraduate Education Committee in Child and Adolescent Psychiatry is pleased to announce that we have filled our two available slots in the subspecialty program for July 2014. We would like to welcome Dr. Caroline Armstrong and Dr. Joy Abramson to the subspecialty program. Dr. Armstrong and Dr. Abramson are both currently PGY-4 residents in Psychiatry at Western University. Applications for July 2015 are due in September, 2014. Two spots are available. Please refer to the department website for more information in regards to application requirements. For any questions concerning the subspecialty program, please contact Dr. Patricia Hall, Program Director, or Tracy Henebry, Program Administrator.

#### **Undergraduate Medical Education - Child and Adolescent Psychiatry Clerkship**

The Child and Adolescent Psychiatry division continues to deliver high quality and highly rated clerkship rotations to 3rd and 4th year medical students. Approximately one third of Schulich School medical students spend a two-week rotation with one or more of our enthusiastic Child psychiatry supervisors. We continue to have many requests for observer ships and electives..

Cross Fertilization with Women's and Paediatrics.

In addition to the Perinatal Mental Health Clinic with Women's at LHSC, we have several evolving initiatives with Paediatrics. We are actively participating in the development of a Community Paediatric Fellowship, the creation of an Adolescent Medicine Program, enhanced Consultation Liaison to Paediatrics in collaboration with Paediatric Psychology and revisions in the mandatory Paediatric Elective for Paediatric residents. We were very appreciative of our involvement in the Clinical Service Renewal process at LHSC

Research

There are many research initiatives underway in the DCAP. Residents interested in participating in these activities, will be able to access these on the Department Website once the update of the Website is complete.

Happy Spring- it can't come quickly enough!

Sandra Fisman

## **Division of Forensic Psychiatry**

Dr. Brian Daly, forensic psychiatrist from Oregon, started with the Forensic Psychiatry Division on February 18, 2014. Dr. Daly brings with him expertise in criminal forensic psychiatry and concurrent disorders and he will play key roles in seclusion and restraint minimization, forensic psychiatric education and sub-specialty training program development in forensic psychiatry.

We are actively working on completing the pre-survey questionnaire (PSQ) as part of our application for Royal College of Physician and Surgeons of Canada sub-specialty program accreditation in forensic psychiatry.

The upcoming annual meeting of the Canadian Academy of Psychiatry and the Law will be held March 2-5, 2014. Dr. Carol McDaniel, Dr. Ajay Prakash, Ms. Janice Vandevooren, and myself will all be presenting at this annual meeting.

Respectfully,
Craig Beach
Chair, Division of Forensic Psychiatry

#### Research

What's new for 2014?! A trip to the auto show in Toronto this past weekend has me thinking about what we might anticipate for 2014, in the world of Canadian mental health research. As we know, the automotive industry has some watershed years, in terms of automotive design and innovation, and some years that are so mundane as to seem blasé. Many of the 2014 model cars I saw on-display over the weekend appeared little-changed from the 2013 or earlier models. However; there were some phenomenally innovative new designs that stopped me in my tracks (not that I expect to see the new Corvette or Jaguar F-Type grace my driveway any time soon).

And how does this automotive analogy translate into the mental health research sphere? Well, it seems to me that our field similarly experiences ebbs and flows over time in terms of "innovation and novelty" or "staying the course and the tried and true."

So, will this be a watershed year for Canadian mental health research or can we expect to see more of the same for 2014? If I wanted to hedge my bets, I'd suggest asking me again in 12 months' time. Indeed we know that although research tends to advance in a fairly deliberate, step-by-step fashion, rapid innovation can occur, and needs to if we want to make major advances in the field. But I'll stop equivocating and put my money down on an answer. I can say, with a great deal of certainty, that 2014 will be a game-changing year in terms of health research funding in Canada.

Over the past year, you've heard me comment repeatedly on changes being proposed at CIHR in the open suite of program funding. Those anticipated changes are now upon us. Briefly, CIHR is revising its operating grant funding structure from open operating grants supporting investigator-led research on healthcare topics to a two-scheme format in which investigators (or teams of researchers and knowledge users) must either choose to apply for time-limited project funding (the "Project Scheme") or for multi-year program funding (the "Foundation Scheme"). Competition is anticipated to be fierce irrespective of one's choice, as the funding originally earmarked for the open-operating grant competition has been essentially divided in two in order to support the two funding schemes. Between

this major change in funding at CIHR and proposed changes in its process of peer-review (see <a href="http://www.cihr.ca/e/47378.html">http://www.cihr.ca/e/47378.html</a>), health researchers across Canada are experiencing a certain amount of anticipatory anxiety.

Among the major changes of which researchers need to be aware at CIHR is the fact that the current (Spring of 2014) open operating grant competition will be the final such competition at CIHR. There will be no Fall of 2014 open operating grant competition. Rather, there will be a transitional open operating grant competition in the Spring of 2015, with the first Project Scheme competition to take place in Spring of 2016. The initial Foundation Scheme pilot competition will take place this Summer, with a second Foundation Scheme pilot to take place in the Summer of 2015. The piloting of the new review process has already begun.

What impact might this have on our department's research funding, or on health research in Canada in coming years? For those who are "between grants" at CIHR and for those who are currently funded but do not qualify to apply to the Foundation Scheme pilot, this might translate into a gap in research funding, necessitating pursuit of alternative sources of research funding. On a more positive note, we have among us some of Canada's leading mental health researchers who could potentially earn a Foundation grant, providing funding support for up to 7 years' time. Nonetheless, this transitional period could well translate into a drop in tri-council supported research funding over the next year or so, if not longer. The potential impact on the Canadian health research world is a little harder to anticipate. Some might prognosticate that loss of grant funding could lead some researchers to leave the field (or the country) for more certain employment prospects, or lead some universities to restrict its support of academic faculty members. Others might anticipate a much milder impact on the Canadian healthcare research landscape as we shift to accommodate to this new way of doing business...and, after all, we've known this was coming for a while. Ultimately, time will tell, but in the mean time we need to think strategically about how we work as researchers, how we collaborate with others, and where we go in pursuit of research funding. To the latter point, I will encourage you to keep watch of your e-mail in-box (and the Department of Psychiatry's Research website) for an upcoming announcement regarding a presentation at our Department's Research Interest Group on pursuing alternative sources of funding.

While on the topic of our website, I am happy to say that early 2014 will witness the unveiling of a new Department of Psychiatry Research website, in conjunction with the roll-out of the new Department of Psychiatry website. Sarah O'Flanagan has been hard at work transferring and updating information from our existing site to the new one, and will be our primary source of support for new web-based postings and updates regarding research in our department; from funding and training opportunities to successes and achievements. Please anticipate hearing from Sarah over the next while regarding any updates and successes you wish to have posted online. You will also hear from us soon regarding the upcoming 2014 Annual Academic Research Day of the Department of Psychiatry to take place on Thursday, June 19<sup>th</sup> at the Best Western Lamplighter Inn.

#### A few final updates:

For those interested in learning more about exciting research taking place in our Department and across
the university, please join us for upcoming Department of Psychiatry Research Interest Group
presentations. We will be sending along periodic updates about upcoming RIG activities and are very
keen on having you join us there to support your colleagues and trainees.

- Department members (faculty, clinicians, researchers, staff, and trainees) are also invited to attend research presentations in Western's Department of Epidemiology & Biostatistics Research Seminar Series. Although this lecture series takes place as part of a graduate-level course, all are welcome to attend the weekly lectures. For more information on upcoming presentations, see (<a href="http://www.uwo.ca/epidem/seminars/Seminars.html">http://www.uwo.ca/epidem/seminars/Seminars.html</a>) and "This Week @ Schulich." I would like to bring to your attention upcoming presentations by Dr. Gary Rodin of the Department of Psychiatry at the University of Toronto on March 28<sup>th</sup> and by Dr. Arlene MacDougall of our Department on April 4<sup>th</sup>.
- For those interested in learning more about the exciting health research taking place across London, please join us at the upcoming London Health Research Day. The third annual London Health Research Day, comprising an amalgamation of the Lawson Health Research Institute's Research Day and the Schulich School of Medicine and Dentistry's Margaret Moffat Research Day, will take place on March 18<sup>th</sup> at the London Convention Centre (see <a href="http://www.londonhealthresearchday.ca/">http://www.londonhealthresearchday.ca/</a> for more details).
- For those interested in having an impact on the future of health research in Canada, please consider applying to join a CIHR Institute Advisory Board. The online application process to join any of the 13 CIHR IABs is now open and will be until April 11, 2014. See <a href="http://www.cihr-irsc.gc.ca/e/26486.html">http://www.cihr-irsc.gc.ca/e/26486.html</a> for more information.
- And for those interested in impacting health research in Canada by leading your own research, please keep on the lookout for upcoming announcements regarding the Department of Psychiatry's Spring Research Seed-Funding Competition.

So, what will 2014 have in store for you? Whatever it may be, may it add interest and depth to your C.V., if not to your driveway!

Dr. Marnin J. Heisel
Director of Research, Department of Psychiatry

## **Continuing Professional Development in Psychiatry**

#### **SAVE THE DATE:**

This year's <u>4th Annual Mental Health Symposium</u> will be on **Friday, September 26, 2014** at the Four Points by Sheraton in London, Ontario.

This symposium has been designed for mental health clinicians working with individuals with severe mental illness, general practitioners, CTO Coordinators and family members. **Professor John Dawson**, a lawyer from New Zealand who has studied the optimal use of CTOs in many jurisdictions, will be the keynote speaker. Academic sessions will include: the optimal use of CTO; working with the Consent and Capacity Board; the role of the CTO Coordinator and the use of CTOs in the early stages of a psychotic illness.

Please mark your calendars and plan to attend this exciting event, **registration details to follow.** For more details contact cpdpsychiatry@lhsc.on.ca

#### **Other News**

# In Memoriam John Lohrenz, deceased 8th February, 2014

It is with sadness that the Department notes the death, from natural causes, of Emeritus Professor John Lohrenz.

Born and raised in the Prairies, he completed his medical studies at the University of Manitoba in Winnipeg, before entering general practice. After 8 years he left the west for Montreal, training in both psychiatry and psychoanalysis. He was Chief Resident at McGill's Allan Memorial Institute, and completed analytic training at the Canadian Institute of Psychoanalysis in Montreal. He was on staff at the Royal Victoria Hospital in Montreal, an Associate Professor at McGill, and Director/Psychiatrist in Charge at McGill University Health Service for many years.

Publications during his time at McGill were many and varied - on pharmacotherapy, schizophrenia, medical students and graduates, and psychotherapy. Coauthors represented a who's who of Canadian psychiatry at the time: Lehman, Ban, Hunter, Cameron, Adam, Cleghorn, Cormier and Rakoff.

On moving to London in 1977 he became Director of Out Patient services at St Josephs Hospital, Director of the Residency Program, and Director of psychotherapy training. An Associate Professor in the Department, he was also a Training Analyst at the Toronto Institute of Psychoanalysis and active in the local psychoanalytic society. He helped train a generation of psychoanalysts, psychiatrists and [GP] psychotherapists, in addition to carrying a case load of patients in analysis. Papers during the London years included 2 articles on Basic Principles of Psychotherapy, published in the American Journal of Psychotherapy. Coauthored by Greg Truant, these seminal articles continue to be essential reading in the resident psychotherapy seminars.

On retirement in 1990 he was made Professor Emeritus, and practised and taught psychoanalysis until a few short years ago.

His work was informed by attachment theory and the role of the unconscious in mental life. Exhibiting great patience and equanimity, he adhered to principles of neutrality, evenly hovering attention, and generally keeping out of the way as the transference unfolded and became available for processing and integration. A modest man, he let the work speak for itself, while always willing and able to share his vast knowledge of the literature.

Very few of us get to pursue our craft for the five and a half decades that John practised psychiatry and psychoanalysis. He had staying power in abundance. He was a private man, with a family and home life as rich as his professional life, with an emphasis on the outdoors and the farm, a fitting complement to his life's work with the interior.

CHC

## **Submissions for the Summer 2014 Issue of the Newsletter**

Please submit any newsworthy items by May 15, 2014 for the Summer Newsletter to: bela.franze@lhsc.ca or faye.slote@lhsc.on.ca









# Mother Child Mental Health- Managing Risks and **Promoting Resiliency in Families**

Friday, April 25, 2014

8:30 a.m. to 4:30 p.m. (Registration starts at 7:45 a.m.) Four Points by Sheraton London

1150 Wellington Road South, London, Ontario

Visit us at:

Keynote Speaker and Workshop Presenter Dr. Chaya Kulkarni is Director of Infant Mental Health Promotion (IMHP), a professional coalition dedicated to promoting optimal mental health outcomes for infants, based out of The Hospital for Sick Children in Toronto. Chaya is also an Advisor to the Dolly Parton's foundation, The Imagination Library, a member of the Board at Family Day Association and a part time professor at Seneca College in the Bachelor of Child Development program. Prior to joining IMHP Chaya was VP, Parent and Professional Education at Invest in Kids, and has also served as Senior Policy Analyst and Researcher for the Office of the Official Opposition, Queen's Park.

Plenary Speaker and Workshop Presenter Dr. Heidi Haensel, MD, FRCPC, is the Clinical Lead for Women's and Children's Consultation-Liaison Psychiatry at London Health Sciences Centre. She is also an Assistant Professor with the Schulich School of Medicine and Dentistry, University of Western Ontario and a Psychiatrist in the Child and Adolescent Mental Health Care Program at Children's Hospital. She completed her medical degree at Memorial University in Newfoundland in 2003, and her Psychiatry residency training through the University of Western Ontario in 2009. In the course of her residency training, she worked with the Reproductive Life Stages Program at Women's College Hospital in Toronto. She is currently working with the Department of Obstetrics at London Health Sciences Centre in an ongoing effort to enhance perinatal mental health services. She is also the proud mother of 3 wonderful children.

Dr. Laura Lyons is a family physician and associate professor with the department of family medicine, Schulich School of Medicine and Dentistry. Her academic clinical practice is located at the St Joseph's Family Medical Centre where she is the Medical Director She practices comprehensive family medicine with a focus in obstetrics and women's health. Dr. Lyons is also certified in addictions and methadone prescribing, and provides care to women struggling with addictions in pregnancy. In addition to her community practice, Dr. Lyons provides obstetrical care at the Family Medicine Obstetrics clinic at LHSC. Her primary field of research is psychosocial risk factors in pregnancy.

Dr. Jeff Carter is a counselling and clinical psychologist and the Coordinator of Continuous Quality Improvement at Vanier Children's Services in London Ontario. He is an Adjunct Assistant Professor in the Department of Psychiatry at the University of Western Ontario, and serves as the Research Coordinator for the Division of Child and Adolescent Psychiatry. Dr. Carter is an Adjust Clinical Professor for the Department of Psychology at Western and a member of Western's Health Sciences Research Ethics Board. He is also the Research Editor for the Journal of Systemic Therapy. Dr. Carter started working in children's mental health as a Child and Youth Counsellor in 1988. He completed his graduate work in clinical psychology at Western (1992-2000), including his residency focusing on services for children and adolescents at London Health Sciences Centre (1998-1999). He has been a psychologist at Vanier since 2000. After over ten years as the team psychologist with a short-to-medium term residential program, he is now the consulting psychologist with the long-term residential program for children who have experienced trauma and with the therapeutic foster program.

Julie Smith, BSW (Windsor), MSW (Toronto), is a child protection supervisor at the Children's Aid Society of London and Middlesex. She has worked at the Society since 1999 in the capacity as a front line child protection worker, Family Support Supervisor, Native Service Supervisor and High Risk Infant Team Supervisor. Julie has taken the lead in promoting leading practices related to working with high risk infants since 2008. Julie has been co-chair of the CAS-Hospital working committee, chair of the CAS safe sleep committee and the agency liaison with the Middlesex -London Health Unit.

Kathryn Lambert, BSW (McGill), MSW (UWO), is the Clinical Support and Conferencing Supervisor at the Children's Aid Society of London and Middlesex. Kathryn has worked at the Society since 2000 in the capacity as a front line child protection worker, Family Support Supervisor, Native Service Supervisor, Ongoing service Supervisor, Intake Supervisor and after hours supervisor. Kathryn has taken the lead at the Society in the area of working with families where a parent has a mental illness. Kathryn's current responsibilities include establishing internal networks in the areas of addiction, adolescents, high risk infants, Domestic Violence and mental health. Kathryn is an OACAS trainer in the area of child development, the impact of maltreatment and attachment.

Planning Committee: Naveed Rizvi, M.B., B.S. FRCPC.; Brooke Noftle, M.D.; Ben Loveday, M.D.; Julie Jeanson, RN; Sandra Fisman, M.D., FRCPC.; Heidi Haensel, MD, FRCPC.; Laura Lyons, BSc, MD, CCFP; Sarah Parkinson, RN MScN PNC(c); Heather Struckett, RM, BHSc

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6.5 hours).

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to 6.5 Mainpro-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

# Mother Child Mental Health- Managing Risks and Promoting Resiliency in Families

# Friday, April 25, 2014

8:30 a.m. to 4:15 p.m. (Registration starts at 7:45 a.m.)

Four Points by Sheraton London 1150 Wellington Road South, London, Ontario

Visit us at:

http://www.psychiatry.meduwo.ca/dir/content/upcoming-events

**Objectives:** By attending this conference participants will be able to:

- 1. Recognize the influence of psychological and social adversity on mother infant interactions.
- 2. Understand the link between mental health issues during pregnancy and the impact of untreated conditions on the early behavioral/emotional development of an infant and child.
- 3. Identify strategies for managing mental health issues and substance abuse during pregnancy.
- 4. Review current information regarding the use of psychotropic medications during pregnancy and breastfeeding
- 5. Identify community resource and support systems available to promote infant/ child safety and family resiliency
- 6. To develop tools and knowledge to aid families in navigating the mental health care system for themselves and their children.

#### **AGENDA**

7:45am – 8:30am: Registration 12:00pm – 1:00pm: Lunch

8:30am – 8: 45am: Opening Remarks 1:00pm – 2:30pm: Afternoon Workshop Session

8:45am - 10:15am: Plenary Presentation 2:30pm - 2:45pm: Break

10:15 – 10:30am: Break2:45pm – 4:15pm: Keynote Presentation10:30am – 12:00pm: Morning Workshop Session4:15pm – 4:30pm: Closing Remarks/Evaluations

Concurrent Workshops – Please choose one session in each time slot (Selection does not guarantee workshop. Space is limited, so attendance at workshops is "first come, first served")

#### Workshop session 1: 10:30 a.m. to 12:00 p.m.

- □ Kulkarni Using Wait Times for Intensive Services to Support Developmental Needs: The Creation of Developmental Support Plans
- □ Haensel, Lyons Myths and Facts About Substance Use and Psychiatric Medications in Pregnancy and Breastfeeding
- □ Lambert , Smith Accessing and navigating child protection services to promote child safety and family resilience
- □ Carter The tangled web of children's behaviour and parents' mental health and what we can do about it

#### Workshop session 2: 13:00 p.m. to 14:30 p.m.

- Kulkarni Using Wait Times for Intensive Services to Support Developmental Needs: The Creation of Developmental Support Plans
- Haensel, Lyons Myths and Facts About Substance Use and Psychiatric Medications in Pregnancy and Breastfeeding
- □ Lambert , Smith Accessing and navigating child protection services to promote child safety and family resilience
- □ Carter The tangled web of children's behaviour and parents' mental health and what we can do about it

# Registration deadline – April 14th, 2014

REGISTRATION FEES: Early Bird Registration (until April 1, 2014) - \$140; AFTER April 1, 2014- \$165 per person; includes hot/cold lunch and refreshment breaks

Students, Residents, Staff associated with CAMHCP (LHSC Child and Adolescent, RMHCL Adolescent Program) - \$55

Cancellation Policy: We reserve the right to cancel this program due to insufficient registration or circumstances beyond our control. For a refund, notice of cancellation must be received in writing two weeks prior to conference date. We regret that a refund cannot be offered after the cancellation date of April 14, 2014. An administration fee of \$20.00 will be charged for cancellations. Receipts will be provided on the day of the conference.

CONFIRMATION POLICY: No confirmation of registration is issued. You should consider your payment of registration as accepted unless you are advised to the contrary.

#### TO REGISTER FOR: Mother Child Mental Health- Managing Risks and Promoting Resiliency in Families

Complete this form and mail or fax to: Faye Slote, Department of Psychiatry, London Health Sciences Centre, Victoria Hospital, B Zone, North Tower, Room B8-119, 800 Commissioners Road East, London, Ontario N6A 5W9, or FAX (519) 667-6564; Phone (519) 685-8500 x75783; faye.slote@lhsc.on.ca

NAME:	Profession:   C.Y.C.   M.D.   O.T.   Ph D.   R.N.   S.W.   Other			
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