



Department of Psychiatry Newsletter

Fall 2013 - Issue 71



New format for easier reading online

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Chair/Chief's Report

We are enjoying beautiful fall weather and this is a time of the year when we have the opportunity to officially welcome our class of first year residents to the Department and to London – Russlan Abouhassan, Kara Dempster, Milena Gosk, Charles Ho, Kristina Rice, Rickinder Sethi, Aturan Shanmugalingam, and Sonia Wadhwa.

In spite of facing funding challenges both in terms of the hospital budgets and from the university, I am pleased to say that we have been able to acquire two new faculty members that will significantly foster the expansion of our mental health services research. As you know, the **new Schulich Interfaculty Program in Public Health** program has begun. The students are on campus, their new building is near completion, and one of the new faculty members in the Masters of Public Health Program (MPH) has joined the Department of Psychiatry as a basic science member of the Department. Dr. Lloy Wylie has taken the Health Care Management position with the MPH program. Previously Dr. Wylie was the Acting Director of Policy and Planning for the First Nations Health Authority in BC. She completed her Doctor of Philosophy, Interdisciplinary Studies (School of Population and Public Health, Nursing and Political Science) University of British Columbia, Vancouver, BC, 2013. Dr. Wylie's research interests are in the

areas of health services and health systems transformation, social determinants of health, Aboriginal health, health governance, health care access for socially excluded populations, community engagement, health policy and comparative analysis of health systems. Please take the opportunity to welcome Dr. Wylie to the Department, her contact information is: Western Centre for Public Health and Family Medicine, Office 4101, telephone: 250-661-2111, ext. 86309; email: Lwylie2@uwo.ca.

Dr. Arlene MacDougall has joined the Department as a full time member and will be fulfilling the role as a clinician researcher with the Department. Dr. MacDougall completed her residency psychiatry program with the Department of Psychiatry & Behavioural Neurosciences at McMaster University, and she also completed the Clinician Investigator Program, Royal College of Physicians and Surgeons of Canada during her training program. Before joining us, Dr. MacDougall completed a one-year Joint-Fellowship in Global Psychiatry and First Episode Psychosis with the Department of Psychiatry at Dalhousie University. Dr. MacDougall is working with the PEPP program for two days a week. In addition, she will be pursuing her research interests in first episode psychosis, global mental health and mental health services development with the North West Territories. Please take the opportunity to welcome Dr. MacDougall to the Department, her contact information is: PEPP, Room A2-648, telephone: 519-685-8500, ext. 58234; email: arlene.macdougall@lhsc.on.ca .

Other additional recruitments include Dr. N. Durai who will be joining the Division of Geriatric Psychiatry, and he will primarily be doing C/L Consultations on geriatric patients at London Health Sciences Centre. We hope he will be joining us from the United States early in 2014. Finally, a new position is being opened in the Forensic Psychiatry program, and we are hoping that Dr. Brian Daly from Oregon will be joining our faculty next year.

As you recall, the Strategic Planning Session for the Department of Psychiatry took place on Friday, June 22, 2012 at the Lamplighter Inn in London. Approximately 50 members of the Department attended the day and arrived at three strategic priorities.

The retreat confirmed the Department's support for the three proposed strategic directions:

1. Enhance Community Collaboration
2. Be a leader in education and distance education, fully engaging Windsor & SWOMEN
3. Enhance clinical research programs directly impacting patient care across the life course.

Three strategic working groups have been established and are meeting to continue to work on the above strategic priorities. Dr. Links is chairing the Strategic Work Group on Enhancing Community Collaboration. Dr. J. Reiss is leading the Strategic Working Group on Being a Leader in Education and Distance Education. Dr. M. Heisel is leading the Strategic Work Group on Enhancing Clinical Research Programs directly impacting patient care across the life course. Our plan is to report on the activities of the three working groups during our upcoming Department of Psychiatry Meeting to be held later in the afternoon of Tuesday December 3, 2013. The meeting will occur just prior to the Department Holiday Party and will be held at Windermere Manor. Invitations will be sent soon.

Enjoy the fall season,

Paul Links

Professor and Chair, Department of Psychiatry, Schulich School of Medicine & Dentistry, Western
Chief of Psychiatry, London Health Sciences Centre and St. Joseph's Health Care London

Undergraduate Medical Education

In September, we began an exciting new academic year and welcomed a brand new group of clinical clerks. For many of these clerks, it is their first hospital experience. It has been exciting to see a group of medical students so enthusiastic to learn and be involved in clinical care. I would like to thank the staff, residents and faculty who all took the time to help orientate the medical students and answer their many questions.

Over the next few months, we will have a number of fourth year medical students from across Canada complete fourth year electives. It is my hope that many of these students will decide to pursue a residency in Psychiatry here at Western!

The organization of the next *Taste of Psychiatry* event will begin *shortly*. If you are interested in joining the planning committee or attending the evening, please contact Melanie VandenBorre at ugepsychiatry@lhsc.on.ca. There also seems to be a strong interest in reviving the Psychiatry Interest Group. If you have a movie suggestion or wish to be a presenter, please let me know by email.

Sandra Northcott, MD, FRCPC

Undergraduate Medical Education Director – Psychiatry

Postgraduate Education

The PGE office would like to take this time to reflect on the accomplishments and changes over the last few months.

On June 11, 2013, the Department of Psychiatry hosted its annual Awards Dinner at the Windermere Manor. During this celebration, many of our faculty members were presented with awards that recognized their contributions and commitment to clinical teaching. We also celebrated the achievements of our graduating PGY5 residents – Georges Loba-Gutierrez, Isabelle Martin, Christopher Ryan and Jennifer Tiffney – who will undoubtedly find success in their future careers. Many thanks to the administrative staff who helped coordinate this event, and a special thanks to both our Department Chair, Dr. Paul Links, for leading the awards ceremony and to President Mohamad Elfakhani for his humorous poetry honouring our graduating residents.

On July 1, 2013, we welcomed eight new PGY1 residents – Russlan Abouhassan, Kara Dempster, Milena Gosk, Charles Ho, Kristina Rice, Rickinder Sethi, Aturan Shanmugalingam, and Sonia Wadhwa. They spent their first month getting settled into the Department with an orientation block and are now well into their core and elective rotations. Many thanks to the staff, residents and faculty who helped welcome our new PGY1 residents during orientation.

As of July 1, Joy Abramson (PGY4) assumed the role of Chief Resident. We are grateful to Arany Shanmugalingam for her hard work as Chief this past year. Additionally, Michael Mak (PGY4) was elected by the resident group to replace Mohamad Elfakhani as President for the 2013/14 year.

Over the last few months, the PGE Psychiatry office has undergone some staff changes as well. At the beginning of June, our Program Coordinator, Eva Adams, had a healthy baby boy and is settling into her new role as a mother. With Eva on maternity leave, we are pleased to have Suzy Mendes in the position of Program Coordinator with Carissa Peterson serving as the administrative assistant to the PGE office.

During the fall months, our office will begin the planning and preparation phase for the next round of CaRMS which is set to take place just after the new year. Additionally, Suzy and Carissa attended this year's International Conference on Residency Training in Calgary and have brought back new ideas on how to continually improve the Postgraduate Education Program in Psychiatry at Western University.

The PGE Office

Division of Child and Adolescent Psychiatry

I hope that everyone was energized by the summer. We are looking forward to the academic year which is shaping up to be a busy one for the Division of Child and Adolescent Psychiatry. September began with a milestone event: the inaugural Child and Adolescent Subspecialty examination on September 26th.

In other news...

Dr. Patty Hall reports on **Postgraduate Education.....**

On July 1, 2013, we welcomed Dr. Ray Egan, PGY6, to our Child and Adolescent Subspecialty Program. Dr. Egan will be completing his PGY6 and PGY7 in Child and Adolescent Psychiatry at Western. The Subspecialty Program applications for July 1, 2014 were due September 27, 2013. Applicants were required to send their Curriculum Vitae, a letter of intent and two reference letters. Interviews will be held in October, and acceptance letters will be sent in November. Application information was sent to Tracy Henebry at Tracy.Henebry@lhsc.on.ca.

The RTC of the Child and Adolescent Psychiatry program welcomed Dr. Jeff Carter as a member. Dr. Carter is the Research Director for the Subspecialty Program in Child and Adolescent Psychiatry. I would like to thank both Dr. Javeed Sukhera, who has accepted the position of curriculum coordinator, and Dr. Pamela Horne, who has accepted the position of evaluations coordinator on the RTC.

With the rising demand in Child and Adolescent Psychiatry postgraduate rotations, Tracy Henebry has agreed to keep a central schedule for all residents rotating in Child and Adolescent Psychiatry; Tracy will also liaise with other postgraduate coordinators within the Department. Starting July 2013, we would kindly ask that postgraduate coordinators and residents contact Tracy if an elective in Child and

Adolescent Psychiatry is requested. Tracy will assist the coordinators and residents to learn what supervisors are available for the time requested.

The PGY3 residents will all spend six months training in Child and Adolescent Psychiatry. I would like to welcome the PGY3 residents to CAP for the 2013-2014 year. During the six block rotation, residents are to spend three blocks in an inpatient setting and three blocks in an ambulatory setting. Residents will also complete two weeks of developmental disabilities clinical training, family therapy training, one telepsychiatry consultation and one STACER in Child and Adolescent Psychiatry. For learning objectives please see the resident training handbook. If there are any questions about the PGY3 CAP training, please contact me at Patricia.Hall@lhsc.on.ca.

Dr. Ben Loveday reports on the **clerkship**.....

The Child and Adolescent Psychiatry Division continues to deliver high quality and highly rated clerkship rotations to third and fourth year medical students. Approximately one third of Schulich medical students spend a two-week rotation with one or more of our enthusiastic child psychiatry supervisors.

Dr. Naveed Rizvi reports on **Continuing Professional Development** in the Division.....

Congratulations to the Western Hub (WH) of the Ontario Child and Adolescent Telepsychiatry Program (OCYTP) on completing 1000 clinical consultation on July 04, 2013. Achievement of this significant milestone in providing timely access of Child Psychiatry consultations to remote communities was only made possible by the ongoing commitment and dedication of the WH team and WH community partners and with strong support, over the last seven years, from the Division of Child Psychiatry, CPRI, LHSC, RMHC, WR and our Child Psychiatry consultants.

To assess the impact of Child Telepsychiatry Services on "Capacity Building i.e. promoting knowledge and level of expertise within the WH designated sites", WH is currently conducting an outcome evaluation project titled "Building Capacity through the Child and Youth Telepsychiatry Consultations – The Western Hub Experience." On line survey questionnaires were sent out to WH community partners and consultants. While we have received a good return response, we would like to encourage our community partners and consultants to please complete the online survey." Your input is highly valuable in assessing and further improving the WH Telepsychiatry services.

All are welcome to attend the CPD activities of the Division of Child and Adolescent Psychiatry.

Journal Club and Complex Case Rounds take place on the second Wednesday of the month - 12:15 – 1:15 p.m. at LHSC-VH, North Tower, B8-131. See "Research" (below) for the details about the Journal Club presentation in October.

The Division of Child and Adolescent Psychiatry Annual Conference took place on April 26, 2013. The Annual Conference was a whole day and the topic was Maternal Child Mental Health. The planning committee is comprised of several different stakeholders who work in collaboration with the Division.

On October 24, CPRI will be hosting Dr. Larry Katz who will do a workshop on Introduction to DBT skills.

Dr. Laurence Katz, who is a child and adolescent psychiatrist, is a leading expert in the use of Dialectical Behaviour Therapy (DBT) (a short-term evidence-based psychotherapy for suicidal behaviour) with suicidal adolescents. He is the only Canadian DBT trainer affiliated with Behavioural Tech LLC in Seattle, Washington [www.behavioraltech.org] and has previously worked with Drs. Cox and Miller (New York) to evaluate the feasibility of using DBT on an inpatient unit. Using his specific skills in DBT training, Dr. Katz will lead the adaptation of DBT to be culturally-grounded for First Nations populations and will train Swampy Cree Tribal Council mental health workers to provide DBT in their own communities.

The CPRI educational event on DBT lead by Dr. Laurence Katz is approved for 5.25 CME credit hours.

Preregistration is required. Please see CPRI website at: <http://www.vocpri.ca/>

Research.....

Under the able and steady leadership of Dr. Jeff Carter, Research Director for the Division, the culture of enquiry and development of clinical research is continuing to flourish. Dr. Carter is pleased to announce the First Annual Child and Adolescent Psychiatry Research Half Day on the morning of Monday November 25, 2013. The keynote speaker is Dr. Jana Davidson who will be speaking on community collaboration. Please watch for the announcement and call for poster presentations.

Journal Club has started a new season. On Wednesday October, 9, 2013, Dr. Devita Singh presented on "A Follow-up Study of Boys with Gender Dysphoria." If you would like to speak, please contact the research coordinator at your site (Dr. Carla Smith at Vanier, Brenda Davidson at LHSC, and Dr. Shannon Stewart at CPRI) or for the Division (Dr. Jeff Carter).

Drs. Marnin Heisel and Sandra Fisman, who are leading a study to develop a brief, valid and reliable Brief Suicide Risk Assessment Tool have secured funding through the Children's Health Foundation for the next two years to bring this project to fruition. Members of the research team include: Julie Eichstedt, Stephanie Rabenstein, Devita Singh, Kerry Collins, Heather Jacques, Brenda Davidson, Kamran Kizilbash, Rahel Eynan, Gordon Flett, and Gregory Grogan our newly hired Research Assistant.

Drs. Julie Eichstedt, Devita Singh, and Kerry Collins are heading up various projects addressing wait times in child and adolescent mental health, in collaboration with Drs. Patricia Hall and Javeed Sukhera and CAMHCP staff. One project is evaluating the utility of implementing a standardized triage tool to prioritize patients on the waitlist. Other projects involve developing and evaluating a group clinic model and novel treatment delivery approaches, including e-mental health applications.

Dr. Margaret Steele introduced Dr. Stacey Espinet to the Division. Stacey is the new Postdoctoral Fellow who will lead the program evaluation of the research project titled, "Teaching Child and Adolescent Mental Health to Family Physicians." Stacey will be working over the next three years both in the Department of Psychiatry and in the Center for Education Research and Innovation (CERI). Stacey is a great addition to the Division of Child and Adolescent Psychiatry! Stacey will be jointly supervised in her postdoctoral fellowship by Dr. Margaret Steele and Dr. Lorelei Lingard, Director and Lead Scientist, Centre for Education Research & Innovation Team (CERI).

Stacey received her PhD in developmental psychology from the University of Toronto, and she has worked closely with Dr. Debra Pepler (widely known for her work on bullying) as a research associate, evaluating intervention programs for mothers with substance abuse issues. Over the next three years, as a postdoctoral fellow, Stacey is looking forward to developing and executing a rigorous evaluation of a curriculum that will be designed to train family physicians and pediatricians in children's mental health. The goal of the evaluation is to identify changes in family physician's/general practitioner's/pediatrician's ability to provide front-line mental health care that leads to improvement in outcomes for children and adolescents, which can be traced to specific aspects of the educational intervention. The overall aim of this initiative is to bridge family and pediatric medicine and children's mental health in order to ensure the appropriate care and mental health development of children living in rural and underserved communities.

We would like to take this opportunity to warmly welcome Faye Slote who has succeeded Debra Martin as administrator for the Division of Child and Adolescent Psychiatry and to once again thank Debra for all of her past support

Sandra Fisman, Chair
Division of Child and Adolescent Psychiatry

Developmental Disabilities Division

Our CPD titled "Changing Terminology In Intellectual Disabilities: From The Ridiculous To The Sublime" on November 12 was a great success with a very good turnout in the auditorium as well as audiences at CPRI and RMHC-London sites. Technical difficulties caused a third site to be unable to connect as well as delaying the start time of the event.

The excellent presentation by PGY4 Resident, **Michael Mak** was followed by presentations debating the following: **Resolution - Changing the Diagnostic Nomenclature from Mental Retardation to Intellectual Disabilities is Necessary and Important.**

Ms. Michelle Palmer, Executive Director of Community Living London, presented the **pro** changing the terminology side, **Dr. Rob Nicolson** presented the **con** side, and **Dr. Ross Norman** was the moderator. There were many thoughtful points made and questions raised, and the audiences contributed greatly to the debate. In the end, the '**pro**' side obtained **24 votes** while the '**con**' side obtained **29.5 votes** -- perhaps reflecting the difficulty of making a full choice. Also, with a mainly medical audience, it is less likely that the pro side would have won the debate for several reasons pointed out during the Q & A period.

The DDD is hosting its annual Spring CPD on **Wednesday, April 9, 2014 at Windermere Manor** in the North Meeting Room. As usual we begin with a full buffet lunch at noon, and sessions begin sharp at 1:00 p.m.

We are looking at topics including: Changes involved in new DSM5, such as the elimination of Aspergers syndrome, the new emphasis on a person's percentage of disability vs their IQ level, and how these changes may affect the diagnosis of a patient. Also, changes to Developmental Services Ontario DSO

through which all people with developmental disabilities must be channeled through to receive services from MCSS and also relevant MCSS funding program updates. We are also looking at Speech & Language issues (tubes/swallowing issues) as well as Sensory Modulation issues (which can be associated with significant problems that patients with ID have). Mark your calendar now.

In the meantime, Maria Gitta has won another award - this one the 2013 **NADD Ontario President's Award** for the period encompassing 2000 to 2013. Dedication to the field of dual diagnosis, significant support to the field and many other contributions were cited for this award.

Division of Forensic Psychiatry

The summer began with our much anticipated and exciting move to Southwest Centre for Forensic Mental Health Care (Southwest Centre) in Central Elgin on June 19, 2013. The building is a 89-bed, state-of-the-art, purpose built forensic psychiatric facility that will maximize client recovery and the quality of work life for our staff. We had a wonderful grand opening celebration on June 14, 2013, and I would like to thank all staff for their work leading up to our move and for ensuring that the move transpired smoothly.

Our teams are working actively to enhance psychotherapy group treatments for our clients. Dr. Nina Desjardins is leading our Dialectical Behavioural Therapy (DBT) team. Dr. Helen Chagigiorgis, consultant forensic psychologist, is leading our Cognitive Behavioural Therapy (CBT) for Anger team, and Dr. Heather Flett, consultant psychiatrist, is leading our Motivational Interviewing (MI) team. Already, there has been significant interest from clients and staff in these modalities.

Division Presentations:

Ontario Crown Attorneys' Association and The Ministry of the Attorney General Trial Advocacy, Western University, August 21, 2013 (Dr. Craig Beach)

Suicide Risk Assessment and Management; Violence Risk Assessment and Management; Borderline Personality Disorder; and Stalking – Sea Courses Rhine River Cruise, September 30, 2013 – October 6, 2013 (Dr. Craig Beach)

Regards,

Craig Beach, Chair

Division of Forensic Psychiatry

Division of Geriatric Psychiatry

Dr. Jennifer N. Fogarty, PhD, CPsych, Practice in Clinical Neuropsychology, Specialized Geriatric Services, Parkwood Hospital, and Assistant Professor, Departments of Psychiatry and Geriatric Medicine, Western, submitted the news about the following recently published article where the data collection for the control group was supported through Seed Funds from the Department.

Gagnon G, Hansen KT, Woolmore-Goodwin S, Gutmanis I, Wells J, Borrie M, Fogarty J. 2013 Sept; Correcting the MoCA for Education: Effect on Sensitivity. *The Canadian Journal of Neurological Sciences*, 40(5):678-83. PMID: 23968941.

Faculty News

Dr. Georges Loba Gutierrez has joined the Department in a split role with both LHSC and SJHC. He will spend 0.6 of his time with the Developmental Disabilities Program, providing specialized bed-based and community services including: assessment, diagnosis, treatment, rehabilitation and continuing psychiatric care for individuals with a dual diagnosis in Southwestern Ontario. The remaining 0.4 of his time will be with Emergency Psychiatry, working with the CEPS (Centralized Emergency Psychiatry Services) Team. Dr. Loba Gutierrez obtained his Doctorats en Médecine degree at the Université libre de Bruxelles in Brussels, Belgium. If you see him in the halls, he may look familiar - he completed his Psychiatry residency here at Western University. Prior to that he completed a residency in Psychiatry at the Université libre de Bruxelles, and worked as a Psychiatrist in a Regional hospital and two penitentiaries in Belgium. Welcome to the Department!

We welcome **Dr. Lloy Wylie** as our newest Basic Scientist. Dr. Wylie has taken a post with the brand new Masters of Public Health Program, and will call Psychiatry her "home" department. The MPH Program offices are in a new building on the Western campus, at the corner of Richmond and Windermere. Dr. Wylie completed her PhD at the University of British Columbia. Her research interests are in the areas of health services and health systems transformation, social determinants of health, Aboriginal health, health care access for socially excluded populations, and health policy and comparative analysis of health system. She most recently called Duncan, B.C. home, and is now settling into London. She and her daughter have been able to explore the region and have already discovered Grand Bend, the Pinery Provincial Park, and London's extensive park system. Welcome to the Department!

Dr. Arlene MacDougall recently joined the Department of Psychiatry as an Assistant Professor in the clinician-researcher stream. She will be based at PEPP (Prevention & Early Intervention Program for Psychoses) in General Adult Psychiatry, located at LHSC-Victoria Hospital. Her research interests include the measurement and improvement of autobiographical memory and insight deficits associated with psychotic disorders. In addition, she will continue to build upon her system development work and research in the area of global mental health, including Northern and Aboriginal populations within Canada. She obtained her MD at the University of British Columbia and subsequently completed her psychiatry residency, masters in neuroscience and Clinician Investigator Program training at McMaster University. Dr. MacDougall then went on to complete a Joint-Fellowship in Global Psychiatry and First Episode Psychosis at Dalhousie University. We welcome her to the Department!

Dr. Carol McDaniel started in October with the Southwest Centre for Forensic Mental Health Care in St. Thomas. She formerly worked as a Consultant Forensic Psychiatrist in England and remains an Honorary Clinical Lecturer and Associate Coordinator of the MSc in Forensic Mental Health Studies, University of Birmingham. She graduated with honors in Pure and Applied Sciences from the University of the West Indies (UWI) in Jamaica and later received her medical degree and Doctorate in Psychiatry there. She was awarded the British Chevening Scholarship in Human Rights to study and train in Forensic Psychiatry

in Birmingham. She holds the LLM in The Legal Aspects of Medical Practice from Cardiff Law School in Wales. Dr. McDaniel was the first forensic psychiatrist in the West Indies and lectured at the undergraduate and postgraduate levels at the UWI. Her research interests include the Attachment Theory, Corporal Punishment in Childhood and Psychiatric Defences in Criminal Law. Welcome to Canada and to the Department!

Debra Martin

Faculty Human Resources Consultant

Continuing Professional Development in Psychiatry

Director: Dr. Varinder Dua, Department of Psychiatry, Schulich School of Medicine and Dentistry, Western University

Assistant Director: Dr. Joel Lamoure, Department of Psychiatry, Schulich School of Medicine and Dentistry, Western University

Welcome

We would like to welcome Ms. Bela Franze, our new administrative assistant, who transitioned into this role in late spring 2013. Bela comes with a wealth of administrative and planning experience and has been in similar roles in her previous career. She has already demonstrated her skills and enthusiasm in her new role by taking over the ropes of the 3rd Annual Mental Health Symposium planned for October 25, 2013 from Carissa, who had initiated and provided excellent support for this project from its inception in the winter of 2013.

Thank You

We would like to offer our most sincere thanks to Ms. Carissa Peterson, who provided excellent administrative support to the CPD program. Her enthusiasm, desire for learning and her dedication and commitment to the program is much appreciated. We wish her well in her new role as administrative assistant to the Postgraduate Program in the Department of Psychiatry.

We would also like to take this opportunity to thank both Dr. Paul Links and Ms. Deborah Lucas for their support.

Departmental CPD Rounds

Hosted on the second Thursday of the month, from 8:30 – 10:30 am, throughout the academic year, unless otherwise notified.

Dates:

1. September 12, 2013 – “Changing Terminology in Intellectual Disabilities: From the Ridiculous to the Sublime”
2. October 10, 2013 – “Mood and Anxiety Disorders: The Blessings and Pitfalls of DSM-5”
3. November 14, 2013 – Division of Forensic Psychiatry
4. December 12, 2013 – Division of Neuropsychiatry

Location: Zone B, 2nd Floor, Auditorium Room (B2-119), London Health Sciences Centre, Victoria Hospital; teleconferenced to Extended Campus Program and SWOMEN plus their affiliates via the Division of Social and Rural Psychiatry.

Learning After Five

Hosted on the third Tuesday of each month, from 5:30 – 7:30 pm, throughout the academic year, unless otherwise notified.

Dates:

1. October 15, 2013 – The Interface Between Mood and Anxiety Disorders: Unlocking the Doors – Dr. Glenda MacQueen
2. October 24, 2013 - Managing the care of Complex Borderline Personality Disorder patients – Dr. Michael Rosenbluth
3. November 19, 2013 – TBA
4. December 17, 2013 – TBA

Proposed dates for 2014:

1. January 21, 2014 – TBA
2. February 18, 2014
3. March 18, 2014
4. April 15, 2014
5. May 20, 2014
6. June 17, 2014

Location: Best Western Lamplighter Inn and Conference Centre, 591 Wellington Road South, London

Please note that there was no Learning After Five on September 17, 2013, as there are two CPD events in October 2013.

The Continuing Professional Development Rounds and Learning After Five are self-accredited group learning activities (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada (2).

3rd Annual Mental Health Symposium

This year's Annual Mental Health symposium's theme will be **"Anxiety Disorders: Emerging Trends in Pathophysiology and Management."** The full-day symposium will be held on **Friday, October 25, 2013** at the Best Western Lamplighter Inn and Conference Centre in London, Ontario.

The Symposium is open to all psychiatrists, physicians and allied health.

The full day program will feature:

Plenary Sessions: presented by: Dr. Randi McCabe – **"Emotional Intelligence in Anxiety Disorders"**; Dr. Randolph Nesse – **"Anxiety Disorders: An Evolutionary Perspective and its Clinical Relevance"**

You will have the opportunity to attend two of the eight workshops offered, one in each session (morning/afternoon)

Workshops:

The Burden of Triple Diagnosis: Anxiety, Mood Disorders and Substance Use Disorders – Dr. Viraj Mehta

Transdiagnostic Treatments for Anxiety Disorders – Dr. Martin M. Antony

Managing the new DSM-5 OCD- Related Disorders – Dr. Peggy Richter

Anxiety Disorders: Navigating the Conundrums around Disability Claims and Insurance Companies – Dr. Michael Rosenbluth

Part 1- Treatment Resistance in Anxiety Disorders, Part 2 – Applying the Motivational Enhancement Strategies – Dr. Randi McCabe

Relationships between Anxiety and Physical Illness: Implications for Assessment and Treatment - Dr. Heather Getty

Treatment Resistant Anxiety Disorders: Obstacles in Psychopharmacology - Dr. Mark Watling

Registration: Please visit: <http://www.psychiatry.med.uwo.ca> for more information, including registration form and fees.

Contact: Bela Franze, Education Coordinator, Psychiatry CPD, LHSC - VH.
Email: cpdpsychiatry@lhsc.on.ca; Phone: 519-685-8500, ext. 76554.

Other News

Congratulations to **Ms. Deborah Lucas** (Administrative Officer, Department of Psychiatry, Western) who is Committee Chair of the CGA London Chapter for 2013-2014, CGA Association.

In remembrance: **Dr. Lyudmila Burdan** passed away on September 30, 2013. She was a psychiatrist who transferred from SJHC to LHSC as part of the consolidation of mental health services in April 1998. Dr. Burdan retired on June 29, 2009 as an Assistant Professor from the University of Western Ontario. She was a very devoted psychiatrist who cared deeply for her patients.