



Department of Psychiatry Newsletter

Fall 2012 - Issue 67



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Chair's Report

One of our important activities for this fall will be to continue to work on our Strategic Plan for the Department of Psychiatry. This work began with our very successful Strategic Planning Session that took place on Friday, June 22, 2012 at the Lamplighter Inn in London. Approximately 50 members of the Department attended the day and there was a lot of lively and open discussion. Jane Parkinson, Senior Facilitator, Learning & Development, Western University, joined me in the facilitation of the retreat which successfully engaged faculty in the development of our strategic plan. Dean Michael Strong of the Schulich School of Medicine & Dentistry (SSMD) spoke to the group about the Strategic Vision for SSMD and affirmed our efforts to align with the broader strategic directions and goals of SSMD.

The retreat confirmed the Department's support for the three proposed strategic directions:

1. Enhance Community Collaboration
2. Be a leader in education and distance education, fully engaging Windsor & SWOMEN
3. Enhance clinical research programs directly impacting patient care across the life course.

The strategic planning session led to several promising and important future actions, for example, there appeared to be consensus for:

- Supporting the greater convergence of our clinical services and research activities,
- Creating resources/position(s) to facilitate the enhancement of Community collaboration.

A summary of the report on the retreat discussion has been prepared by Deborah Lucas, Jane Parkinson and I. This report has been circulated to members of the Executive and Advisory Committees to illicit feedback on the draft report. In September, the Executive Committee will be meeting to review and revise the report and develop an action plan with specific deliverables and timelines. Following this review, we plan to circulate the document to the full faculty for their input. Over the coming year, we will work to put our strategic plan in action and will plan to review our progress with another strategic planning session sometime in 2013.

September 10, 2012 is the day set aside for World Suicide Prevention Day hosted by the International Association for Suicide Prevention (IASP) and the World Health Organization. The purpose of the day: “is an opportunity for all sectors of the community - the public, charitable organizations, communities, researchers, clinicians, practitioners, politicians and policy makers, volunteers, those bereaved by suicide, other interested groups and individuals - to join with the International Association for Suicide Prevention and the WHO to focus public attention on the unacceptable burden and costs of suicidal behaviours with diverse activities to promote understanding about suicide and highlight effective prevention

activities.”

(http://www.iasp.info/wspd/#suggested_activities).

This day serves as a good reminder for us to appreciate our important role in suicide prevention as clinicians, researchers, teachers, service leaders and those bereaved by suicide. In addition, we have a crucial role to be advocates for suicide prevention and to direct and support moves to create a National Suicide Prevention Strategy for Canada. Progress has certainly been made with the release of the national mental health strategy developed by the Mental Health Commission of Canada (MHCC). However, Canada still requires a national suicide prevention strategy that is comprehensive and broad-based as only certain specific elements of suicide prevention have been addressed through the national mental health strategy. On June 18, 2012, first reading in the Senate was completed of the private member’s bill sponsored by Harold Albrecht, Conservative Party of Canada, MP for Kitchener—Conestoga, C-300 titled “An Act respecting a Federal Framework for Suicide Prevention.” The bill will require the Government of Canada to develop a federal framework for suicide prevention in consultation with relevant non-governmental organizations and the relevant entities in the provinces, territories and federally. Included in the bill is the call for recognizing suicide as a public health problem, improving public awareness, promoting collaboration and knowledge exchange and promoting research and evidence based practice. Although this bill and Mr. Albrecht’s leadership have been crucial to moving suicide prevention forward, along with Canadian Psychiatric Association, I would join in supporting their recommendation for “the following amendments for consideration of the Standing Committee on Health to further strengthen this legislation:

(1) The creation of a distinct national coordinating body for suicide prevention that

(a) reports its progress back to parliament on an annual basis; and

(b) adopts the Blueprint for a Canadian National Suicide Prevention Strategy that was prepared by the Canadian Association for Suicide Prevention with other organizations and individuals.

(2) a study on the means to reduce stigma associated with being a consumer of mental health services, substance abuse services and suicide prevention, intervention and bereavement services;

(3) The establishment of national standards for the training of persons engaged in suicide prevention, whose contact with potentially vulnerable populations provides an opportunity to identify at-risk individuals and direct them to appropriate assessment and treatment.” (taken from a letter by Fiona McGregor, President 2011-2012, Canadian Psychiatric Association, dated March 7, 2012 to the Standing Committee on Health [HESA]).

We are clearly are at a time when Mental Health and Suicide Prevention are receiving some increased attention by our parliaments and by the general public. It will be essential that we all are ready to act as advocate to move these important initiatives forward and to ensure the necessary Federal budget support is in place to accomplish the goal of furthering Suicide Prevention in Canada.

Paul Links, Chair/Chief

Undergraduate Medical Education

In May 2008, the Schulich School of Medicine & Dentistry (Windsor Program) graduated its inaugural class of 24 students. Congratulations to the medical students, faculty and support staff who worked so hard to make this happen!

The Departmental Annual Awards Night and Social was held on June 12. In addition to celebrating our graduating residents, the evening recognized individuals who have contributed to the success of our department. On behalf of the undergraduate education committee, I was pleased to present awards to faculty and residents who have demonstrated excellence in undergraduate education. The Clerkship Supervisor Award was presented to faculty in London, Windsor and SWOMEN who have obtained the highest feedback scores from the clinical clerks in the past year. This year's recipients were Drs. Praful Chandarana, John Villella and Mirela Bucur.

The Clerkship Seminar Series provides clinical clerks with 24 lectures during their six week block. The Clerkship Seminar Series lecturer who received the highest score was Dr. Zev Grynspan.

At the end of each block, the clinical clerks comment on the quality of resident teaching while on call and during the resident teaching sessions. The Clerkship Resident Teaching Award is given to the resident who receives the highest feedback score from the clerks during their rotation. This year's winner was Dr. Aziz Haque. I would also like to thank Dr. Michelle Ngo. Michelle was the senior resident and did an excellent job providing the Tuesday

afternoon resident teaching for the clinical clerks.

As we come to the end of another successful academic year, I would like to thank everyone for their participation. The success of our undergraduate program is dependent on our large group of enthusiastic and dedicated faculty. If you would like to become more involved please speak to either myself or Melanie VandenBorre regarding opportunities.

Sandra Northcott, Director

Postgraduate Education

Greetings from the PGE office. As the end of the summer quickly approaches, our office has also transitioned over these past months from celebrating last year's accomplishments to orientating our new residents to the program.

On June 12, another successful Psychiatry Annual Awards Dinner took place at the Windermere Manor, where many of our faculty were presented with awards for their contributions to teaching. At the same time, we celebrated the accomplishments of our graduating PGY-5 residents - Aziz Haque, Juliana Li, Michelle Ngo and Joel Shapiro, who have now gone on to what we are sure will be successful careers in Psychiatry. We appreciate the hard work of the department administrative support staff who assisted in the preparation of this event and express a special thanks to our Department Chair, Dr. Paul Links, in leading the awards ceremony. Congratulations to all our residents, staff and faculty who received awards. On July 1, we welcomed our new PGY-1 group, consisting of Rebecca Barnett, Nolan Hop Wo, Julie Hughes, Pramudith Maldeniya, Lauren Mussen, Priya Sharma, and Craig Stewart. The

group has now concluded their Orientation month and have settled into their block 2 rotations. Thank you to all the staff, residents and faculty who gave of their time and made the orientation process go so smoothly.

As of July 1, the PGE department would also like to welcome PGY-4 resident, Arany Shanmugalingam, as the new Chief Resident and thank Rachana Bodani for her hard work as Chief over the past year. Mohamad Elfakhani has been elected by the resident group to replace Arany as the President for the coming year. Thank you to each of them and to the other residents who have taken on elected resident positions for the coming year.

With the new academic year underway, we now shift our full focus to the upcoming Postgraduate Accreditation process, which will take place on **October 1-2**, just before CaRMS planning begins. The Residency Training Committee has been diligently reviewing the PGE department practices and policies in preparation. All residents and teaching faculty will be required to meet with the surveyors, and we ask everyone to watch for meeting notices for these dates. Thank you in advance for your participation in this important process.

We hope everyone enjoys the remainder of the summer!

Regards,
The PGE Office

Chief Resident's Report

The past few months have been pretty busy in the residents' world, including a new group of residents joining our program, holding our resident elections, and the ever popular PGY-1 barbeque hosted yet again by our gracious colleague Mark Reddington and his wife Monique, for the third year in a row.

We had a chance to finally welcome the new PGY-1 Psychiatry residents (Julie, Rebecca, Craig, Priya, Pramudith, Nolan, Lauren) who participated enthusiastically in the election process held in July, running for several positions themselves. We also elected our new president, Mohamad Elfakhani in addition to electing this year's resident representatives for the various departmental committees. Upcoming events include the Meet and Greet on **September 12, 2012** for the new residents to meet faculty.

Furthermore, we wish Habiba Nayyer the very best for her upcoming wedding in September. Also, congratulations to both Rebecca Barnett (PGY-1) on the birth of her son and Ajay Prakash who is expecting his first baby in the Fall. A very exciting start to the year indeed!

Arany Shanmugalingam, Chief Resident

Division of Child and Adolescent Psychiatry

As we shift summer gears to the fall and the upcoming 2012-2013 academic year, we have a "smorgasbord" of academic activities that we hope will appeal to the learning appetites of many department members and our community network, and all are welcome.

Continuing Professional Development

Journal Club will be complemented by the introduction of a new initiative: Complex Case Rounds. Journal Club will continue to focus on original research, critical appraisal and evidence-based literature. Complex Case Rounds will enable practitioners to present particularly challenging cases for review and consultation. Both Journal Club and Complex Case Rounds will take place on the **second Wednesday of each month in Room B8-131 from 12:15 to 1:15, with videoconferencing** to CPRI, RMHC-L, and the Western Hub (as requested). Please contact Debra Martin at 519-685-8500, ext. 75783 or email debra.martin@lhsc.on.ca for further details and watch for announcements as each date approaches.

Journal Club and Complex Case Rounds
(2nd Wednesday of the month, 12:15–1:15 pm)

Journal Club

Oct. 10, 2012 - (TBC)

Dec. 12, 2012 – Dr. Barrie Evans (TBC)

Feb. 13, 2013

April 10, 2013

June 12, 2013

Complex Case Rounds

Sept. 12, 2012 – Dr. Pamela Horne (confirmed)

Nov. 14, 2012

Jan. 9, 2013

Mar. 13, 2013

May 8, 2013

The Annual Conference of the Division of Child and Adolescent Psychiatry will take place at the Four Points Sheraton on **Friday, April 26, 2013**. Hold the date and watch for details for the day as the planning committee finalizes these.

Resident-led Rounds continue **every third Thursday in the amphitheatre B2-119, LHSC-**

Victoria Hospital, with **videoconferencing** to the Western Hub, CPRI, RMHC-L, and other off-site locations.

Resident-led Rounds

- Sept. 20, 2012** - Dr. Jonathan Tan (PGY-4)
Oct. 18, 2012 - Dr. Mohamad Elfakhani (PGY-3)
Nov. 15, 2012 - Dr. Ajay Prakash (PGY-3)
Dec. 20, 2012 - Dr. Joy Abramson (PGY-3)
- Jan. 17, 2013** - Dr. Maryna Mammoliti (PGY-3)
Feb. 21, 2013 - Dr. Caroline Armstrong (PGY-3)
April 18, 2013 - Dr. Rebecca Tudhope (PGY-3)
May 16, 2013 - Dr. Michael Mak (PGY-3)

Undergraduate Education

The Division of Child and Adolescent Psychiatry continues to provide excellent elective clinical learning experiences to over one third of Schulich medical students, as well as many visiting electives. For the upcoming academic year, we are excited to offer a wide variety of settings, including two new rotations: residential/outpatient mix at Vanier Children's Services (Dr. Pam Horne) and acute inpatient/outpatient mix at Children's Hospital (Dr. Javeed Sukhera). We are happy to welcome Drs. Horne and Sukhera as the most recent additions to our enthusiastic teaching team. With the change to 2-week selective rotations for clinical clerks at Schulich (contrasted with the previous 6 mandatory half-days) we will be reviewing the selectives uptake for this first year of implementation (September 2011 to June 2012).

Over the past academic year, we continued to see great interest in elective requests for Child and Adolescent Psychiatry, with 10 electives scheduled for 2-4 weeks each. These students have been a combination of Western students, other Ontario medical students, and international medical students.

Postgraduate Education

As our readership knows, we are one of the first programs in the nation to receive new program approval from the Royal College of Physicians and Surgeons of Canada, for the Child and Adolescent Subspecialty Program at Western. This reflects the strength of our program. We have an innovative curriculum and a large resource of learning opportunities for subspecialization residents. We are looking forward to start training residents for their future endeavors as Child and Adolescent Psychiatrists.

The applications for Child and Adolescent Subspecialty training are due by September 15, 2012 for July 2013. At this time, there is one applicant, with capacity for two trainees. The current PGY-4 and PGY-5 residents qualify for the practice eligibility route (PER) to apply to write the subspecialty examination, the first of which will run in September 2013.

There is now a CAP-COPE with the first meeting scheduled at the CACAP Annual Conference on September 30. Dr. Patty Hall, our program director, and Dr. Joy Abramson, resident representative on the Division of Child and Adolescent Psychiatry Advisory Committee will attend this meeting as Western representatives.

The PGY-3 Child and Adolescent Psychiatry Module Lectures begin in September. All of our core Child and Adolescent trainees require two weeks of Developmental Disabilities training, 25 hours of Family or Group Therapy Training, and are expected to complete at least one Telepsychiatry consultation.

Congratulations and Welcomes

Congratulations to the Child and Adolescent Psychiatry Award Winners at the June Department Awards Night!

Paul Patterson Teaching Award:

Dr. Michelle Ngo

Award of Excellence in Postgraduate Teaching in Child and Adolescent Psychiatry:

Dr. Rob Nicolson

Award of Excellence in Undergraduate Teaching in Child and Adolescent Psychiatry:

Dr. Ben Loveday

Successful completion of the requirements for the diploma in Child and Adolescent Psychiatry:

Dr. Michelle Ngo

A very warm welcome to Dr. Javeed Sukhera and his family, who arrived in London from Rochester, New York at the end of June. Dr. Sukhera joined us at the beginning of July at Victoria Hospital in the Child and Adolescent Mental Health Care Program, where he is doing a mix of inpatient and ambulatory care, and is the Physician Lead from Child and Adolescent Mental Health Care Program for the development of a Transition Age Mental Health Program. He is an Assistant Professor in the Department of Psychiatry, Division of Child and Adolescent Psychiatry at Schulich, and brings a particular interest in Transcultural and International Psychiatry. To quote Dr. Sukhera:

It is with great pleasure that I write this contribution to the Department of Psychiatry Fall Newsletter. Born and raised in Toronto, Canada, I am returning home after 9 years abroad for medical school, residency and fellowship. I lived in Israel for medical

school and am coming most recently from Rochester, NY, a city that several members of the Division of Child and Adolescent Psychiatry once called home.

The transition from the US has been not without its challenges. As those of you who have transitioned will understand, a complete upheaval of one's personal and professional lives can be somewhat overwhelming. My wife Sarah, daughter Anaya (4) and son Nyle (22 months) have accompanied me to London. We have been temporarily renting an apartment that lacks central air-conditioning, making this particular summer more difficult than others! We have spent most of the summer adjusting to life in London and enjoying the city's beautiful parks, shopping and restaurants.

On the professional side, I have appreciated the warm welcome from both the inpatient and outpatient programs at LHSC. The Child and Adolescent Mental Health Care inpatient unit is undergoing some exciting changes with the implementation of Collaborative Problem Solving based programming. I appreciate the hard work of Dr. Kamran Kizilbash, Pamela Alambets, Heather Jacques, Heather Small, Mike Fluit, the CYCs and nurses, to orient me to the unit. Outpatients has been no less welcoming, and I greatly appreciate Monique Pressé and the outpatient team for their kindness as I begin conducting assessments and consultations.

My family and I are happy to be here, and I am particularly eager to begin pursuing my interests in global health, cross cultural psychiatry, consultation-liaison, medical education and health-care leadership.

In September, we will similarly warmly welcome Dr. Michelle Ngo to the Department of Psychiatry and Division of Child and Adolescent Psychiatry at Schulich, as an Assistant Professor. We will also welcome her as a colleague at LHSC, in the Child and Adolescent Mental Health Care Program and at FEMAP. Dr. Ngo is well known to all of us, through her tenure as a medical student and then resident in Psychiatry at Schulich, and our Chief Resident from 2010 to 2011. She has completed the requirement for the Diploma in Child and Adolescent Psychiatry and intends to complete the Subspecialty examination in September 2013. Her spouse, Dr. Aziz Haque, will join the Department of Psychiatry and the Psychosis Program at RMHC and, too, is warmly welcomed. To quote Michelle:

I grew up in Nanaimo, BC and attended university in Vancouver at UBC. My first degree was a B.Sc. in biochemistry and I also participated in the co-operative education program to get a taste of research. I then continued on to finish my B.Ed. in secondary school science also at UBC. Although I never worked as a teacher, the experience of student teaching has been one of my most memorable experiences and certainly has complemented my medical career well. I completed some research with a child psychiatrist, Dr. Margaret Weiss, during my time at UBC and that is where my interest in child psychiatry

began. I was fortunate to be able to attend medical school and psychiatry residency at UWO. Throughout the years here in London, I have really enjoyed training with various members of the Child and Adolescent centre (there are just too many to name!) and I feel like the mentorship that I've received is invaluable. I think that my work at both the child and adolescent centre and FEMAP will complement each other well. This population is certainly my favourite to work with since it is very rewarding and challenging. During medical school I also met my husband, Aziz Haque, who completed psychiatry residency at UWO too! We got married 3 years ago and are happy to be starting our careers together in London. When I'm not at work, I enjoy being active, cooking all types of ethnic foods and of course eating it too!

A final welcome to Dr. Susan Rodger, who has joined the Division of Child and Adolescent Psychiatry Advisory Committee, as a community representative. Dr. Rodger is a clinical psychologist and a faculty member in the Department of Psychology at Western. She has been appointed as the Director for a new Centre for Mental Health in Education, which will have an inaugural meeting on September 18 at Western. We look forward to collaborations between the Centre and our Division.

The Maternal-Child Mental Health Collaborative

We will implement the Perinatal Mental Health Care Model as a pilot, beginning in October

2012 in the Women's Program at LHSC, with two new half-day clinics, including as many components of the model as possible. Partners will include close collaboration between the Departments of Obstetrics and Gynaecology; Division of Child and Adolescent Psychiatry; Department of Psychiatry; CPRI Attachment Clinic; Nursing; Social Work; and our community partners: Public Health Nursing, Midwives of Ontario, WOTCH, My Sister's Place, and Merrymount. We have a funded clinical research fellowship in Maternal Child Mental Health, supported by Children's Health Research. Trainees who have completed training and their postgraduate final examination in Psychiatry, Obstetrics and Gynaecology, Pediatrics and Family Medicine, will be eligible to apply for July 1, 2013.

Sandra Fisman, Interim Chair

Developmental Disabilities Division and the Autism Centre of Excellence

Thursday, September 13 - 8:30-10:30 am

Psychiatry Continuing Professional
Development

Genes, Evolution and Intelligence

Objectives:

Participants will be able to:

1. Provide an update on modern theories of the structure of human intelligence.
2. Provide an update on current findings regarding genetic influence on intelligence with particular emphasis on work with twins reared apart.
3. Discuss some theories of the evolution of intelligence and the evidence for and against them.

Moderator: Dr. Nicolson

8:30-8:35 am Introduction: Rob Nicolson, MD, Chair, Developmental Disabilities Division and the Autism Centre of Excellence, Department of Psychiatry, Western

8:35-9:05 Resident Case Presentation: Dr. Hollam Sutandar, PGY-4
Discussion - Question and Answers

9:05-10:25 Genes, Evolution and Intelligence
Thomas J. Bouchard, Jr., Emeritus Professor of Psychology, Director of the Minnesota Center for Twin and Adoption Research, University of Minnesota
Discussion - Question and Answers

10:25-10:30 Concluding Remarks and Evaluation: Dr. Nicolson

This program has no commercial support.

Continuing Professional Development Rounds are a self-accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada (2).

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 2 MAINPRO-M1 credits.

This is a professional program open to psychiatrists, paediatricians, family physicians, residents, medical students, psychologists and other allied health professional and their students.

* * * * *

Email from a Colleague

Dear DD/ID colleagues at Western and the affiliates:

Thank-you again for sharing the courses you teach in DD/ID.

Attached, is the table listing all the DD/ID and disability courses we found at Western and affiliates across all departments. (To obtain a copy, please contact Maria Gitta - mgitta@uwo.ca or Pamela Cushing – see below.)

With almost 100 courses listed, the table is 27 pages! My focus is on the undergraduate courses so this part is very comprehensive. I included many graduate & medical courses but that level is less comprehensive (outside my project remit). It lists the department, professor, campus, and whether the course is being offered this year or not. I am a Cultural Anthropologist so you'll notice that I have included various related liberal arts-based courses that I and others teach in Disability Studies as well.

If I can ever be of help to you, if you have questions, or corrections, please don't hesitate to send a note.

Thanks to the DDD at Western for their support of this project. (all errors of course are solely mine)

Sincerely,

Pamela Cushing

Associate Professor, Ph.D Anthropology
King's University College at Western University
<http://www.kings.uwo.ca/index.cfm/academics/academic-departments/sociology/faculty-information/pamela-cushing/>

Division of General Adult Psychiatry

Another fall season is fast approaching, people are returning from their summer vacations, and the academic year begins in earnest.

In June, the Department had our first retreat under the leadership of our new Chair/Chief,

Dr. Paul Links, and our Division will be called upon to play a major role in achieving the three broad strategic directions: 1. Enhance Community Collaboration; 2. Be a leader in education and distance education, fully engaging Windsor & SWOMEN; 3. Enhance clinical research programs directly impacting patient care across the life course.

To help us achieve our goals, I'd like to introduce the newest members of our Division:

Dr. Rebecca King started with us in August. Formerly one of our top residents, after finishing her training in June 2011 and certifying with the Royal College, she completed a fellowship in Psychosomatic Medicine at the Sloane-Kettering – Columbia University, in New York City. Rebecca works in both our inpatient and ambulatory settings, where she will be developing a special focus in clinical neuropsychiatry and linking with our Consultation-Liaison Program. As an award-winning educator during her residency, she plans to continue as an active clinical teacher on faculty. Dr. King also intends to maintain her research interests in education and neuropsychiatry.

Full biographical details on Dr. King can be found in the “New Full Time Clinical Academic Faculty” section of this newsletter on page 18.

We additionally will have two other new members join the Division shortly this fall. **Dr. Valerie Kaye** will be coming on as the Medical Leader of our new Adult Eating Disorders Program, and **Dr. Michelle Ngo** will be joining our First Episode Mood and Anxiety Disorders Program (FEMAP). In our next newsletter I will provide more information on these most welcome additions to our faculty.

The Division's newest clinical development is the Adult Eating Disorders Program, just previously mentioned in association with Dr. Kaye. Initially it is providing consultative support and limited group educational and support programming. However as new staff is hired and clinical space arrangements are made, the program will expand to provide more active treatment including a residential treatment centre.

The London Hospitals system is starting to embark on Project HUGO (Healthcare Undergoing Optimization). This Project has four components:

- computerized provider order entry (CPOE),
- electronic medication administration record (eMar),
- closed loop medication administration including barcoding (CLMA), and
- electronic medication reconciliation (e Med Rec)

Divisional member, Dr. Kamini Vasudev, will be the main representative from Psychiatry as we proceed along this important development. Others Divisional members will assist her in this task, as well as from other Divisions.

On the education front, many of our Divisional members, especially the PGME Director – Dr. Volker Hocke, are working hard in preparation of the upcoming residency accreditation visit from the Royal College, this October.

Research continues to be a priority objective for the Division, especially clinically focused – knowledge translation projects. In addition to the usual CIHR fall competition that a number of our members will be submitting to, we have recently sent in two notice of intent (NOI) letters for separate projects, to the Ontario MOHLTC Health Systems Research Fund

Program Awards, in relation to their major grant funding opportunity. Additionally, together with partners at RMHC and elsewhere in the province, we have moved to the final selection stage of the CAHO Adopting Research to Improve Care (ARTIC) Program for a new care process protocol in development.

Here's to a successful academic year to all!

Respectfully submitted,

Jeff Reiss, Chair

Division of Forensic Psychiatry

I would like to thank everyone in the Forensic Psychiatry Division and Department of Psychiatry, Western University, for such a warm welcome, and for your assistance in navigating a new system and a new city. I am really enjoying my job and my life in London.

We have had a very productive last several months in the Forensic Psychiatry Division. We are very busy planning for our up-coming move to a new 89-bed, state-of-the-art forensic psychiatric facility in St. Thomas in 2013 (see link to the virtual tour of Regional Mental Health Care's [RMHC] two new mental health facilities:

<http://www.sjhc.london.on.ca/newmentalhealthfacilities>). The excitement about our move is palpable. The new space will allow us to better assist clients in their recovery and will also improve work life for our staff.

Academically, we have just launched our new home page for the Division of Forensic Psychiatry, Western University (see link: <http://www.psychiatry.med.uwo.ca/987651234forenA.asp>).

Among other topics, our website describes our clinical services, education and training opportunities, and up-coming events. I would like to extend a special thanks to Ms. Janice Vandevoren, Forensic Psychiatry Program Director, St. Joseph's Health Care London, RMHC St. Thomas, for her assistance with the website content and to Dr. Sibi Samivel for his assistance with the website design.

This is a particularly exciting time to work in forensic psychiatry at Western University, and our goal is to be the leader in forensic mental health science in Southwestern Ontario and beyond. To that end, we recently updated and finalized our strategic plan. Examples of the types of initiatives we are currently prioritizing include:

- 1) implementing evidence-based risk assessment instruments and risk management instruments;
- 2) offering and researching mental health interventions that maximize each client's recovery;
- 3) building and strengthening our academic training programs; and
- 4) increasing our academic and community partnerships.

As next year will be our last year in our existing facility in St. Thomas, we were delighted to host RMHC's 13th Annual Research Half Day on May 16, 2012. The event was well attended and the research posters and presentations covered a myriad of interesting topics in psychiatry. A highlight included the 8th Annual Tony Cerenzia Research Lecture by Professor Sheilagh Hodgins, Institute of Psychiatry, who gave a very interesting and illuminating talk on "Violence Among People with Psychosis:

Epidemiology, Aetiology, and Treatment."

On June 28, 2012, we were very fortunate to have Dr. Jacqueline Duncan, RMHC's incoming Physician Leader, Psychosis Program, join us for a very inspiring talk on "Understanding and Treating Metabolic Syndrome in Clients with a Serious Mental Illness." Congratulations Dr. Duncan on your new role, and we look forward to on-going collaboration with the Psychosis Program, RMHC.

On August 7, 2012, Dr. Praveen Kambam, Adult, Forensic, and Child and Adolescent Psychiatrist from UCLA, visited our program and gave an outstanding presentation on "Mental Health and the Media: Communicating Ethically and Advocating Effectively." The talk was well attended and the stimulating question-and-answer session was testament to the quality of Dr. Kambam's presentation.

Educationally, we have seen an increased interest in our training program, and we take pride in our commitment to providing trainees in all disciplines the best educational experience possible. To that end, we customize educational experiences of varying duration depending on a trainee's specific interests, education goals, and level of training. Some particular highlights of our educational opportunities are outlined here:

<http://www.psychiatry.med.uwo.ca/987651234forenC.asp>

While our web-site contains information on up-coming events, I wanted to specifically draw your attention to Professor Marnie Rice's, Fellow of the Royal Society of Canada, up-coming Forensic Psychiatry CPD Rounds on Thursday, **November 8** (see: <http://www.psychiatry.med.uwo.ca/987651234forenUE.asp>). Her topic will be "Psychopaths:

Neurologic deficits by design?", which will cover, among other areas, characteristics of psychopaths, neurological anomalies associated with psychopathy, and the evidence for the hypothesis that psychopathy is an evolutionary adaptation rather than a mental disorder.

Finally, we would like to pay special recognition to Dr. Sam Swaminath's 27 years of dedicated service to our Forensic Program at RMHC St. Thomas, in which he served in numerous capacities, and we would like to invite you to his up-coming retirement celebration on August 27 (see <http://www.psychiatry.med.uwo.ca/987651234forenAN.asp>).

Enjoy the remainder of this beautiful summer.

Craig Beach, Chair

Division of Geriatric Psychiatry

2012 marks our Tenth Anniversary of the Symposium! Planning continues for the Tenth Annual Geriatric Psychiatry Symposium "Leading and Learning Together: Celebrating a Decade of Success," which will be held on **Wednesday, November 7, 2012**. This full day event will feature Dr. Kiran Rabheru and Dr. Maggie Gibson as keynote speakers, as well as twelve concurrent workshops of interest to geriatric psychiatrists and nurses, Family Medicine physicians, psychologists, occupational therapists, physiotherapists, social workers, pharmacists, dieticians, healthcare administrators - anyone involved in elder care. Workshop topics include: Dementia, Stigma Challenges at Residential End of Continuum of Care, Polypharmacy in the Elderly, Mindfulness-Based CBT, Communication Strategies, Geriatric

Mental Health in the Emergency Department, Hoarding, and Smoking Cessation. More information will be available on the Western University website at <https://www.schulich.uwo.ca/continuingprofessionaldevelopment/cmeprograms/#NOV-12>

The Division of Geriatric Psychiatry is participating in the Behavioral Supports Ontario Project. Division members involved are: Dr. Jennifer Oates, Dr. Akshya Vasudev, Jennifer Doherty, Dr. Lisa Van Bussel, Dr. Iris Gutmanis, Kelly Simpson and Jennifer Speziale. The project focuses on the development of enhanced services for seniors with mental health, addictions and behavioral disturbance. Congratulations to this dedicated team for sharing their specialized knowledge and skills, and influencing and advocating for significant change and improvement in services for our region. We are excited to have a number of members who have joined the BSS team. In the fall of 2011, Dr. Van Bussel was appointed to the Provincial Resource Team, which provides advice and best practices to the Behavioural Supports Ontario Project. In this role, she presented along with Bernie Blais, at Queens Park, to the ADMs and CEOs of other provincial LHINs. In May 2012, she presented to the SW LHIN Quality Forum. Division member Dr. Iris Gutmanis has been appointed Co-Chair of the Provincial Evaluation Committee for Behavioural Supports Ontario.

The Division of Geriatric Psychiatry submitted an application to the Royal College of Physicians and Surgeons of Canada for approval of a two year subspecialization in Geriatric Psychiatry here at Western University. This application was sent in March 2012 and the decision from the accreditation committee was received in late May 2012. Unfortunately, the application

was not approved in this round. The Geriatric Psychiatry Application Planning Group was exceptionally helpful in assembling the necessary reams of paperwork for this application. The Geriatric Psychiatry Application Planning Group was exceptionally helpful in assembling the necessary reams of paperwork for this application. Thanks to the committee members lead by Dr. Vasudev, and including Dr. Oates, Dr. Van Bussel, Mr. Tony O'Regan, and Dr. Vadim Belstsky who were part of the application process, as well as other Division members including Dr. Heisel and Dr. Harris, for their invaluable contributions to the process. As well, we thank Dr. Patty Hall, from Child and Adolescent Psychiatry, for very generously sharing her considerable experience in preparing their successful application. The Division will be re-grouping in the fall to plan next steps.

Geriatric Psychiatry Awards were presented at the Department Awards Night on June 12, 2012, as follows:

Excellence in Postgraduate Education Award in Geriatric Psychiatry (chosen by the residents):
Dr. Helen (HaeRyun) Park

The David Harris Award – The Division of Geriatric Psychiatry developed the David Harris Award to recognize the resident trainee who best fulfills and encompasses the pillars of excellence in the care of older adults with mental health illnesses. The 2012 recipient, presented at the Awards Ceremony on June 12, was **Dr. Rachana Bodani (PGY-4)**. Dr. Akshya Vasudev commented:

Rachana was my own resident. She excelled in a very compassionate communication style which was open and inviting. She had the ability to talk

to patients who were difficult to manage. Her documentation was par excellence as they were precise, as well as comprehensive. She was a well-respected member of the team and her thoughts were highly valued.

Congratulations to Dr. Vasudev, who was awarded the AMOSO opportunity fund for two years, as well as Department of Psychiatry start-up funding for the study titled "Quantify the Medial Pre Frontal Cortex (MPFC) responsiveness to Parasympathetic Nervous System (PNS) modifiers in Late Life Depression (LLD)." This study is actively recruiting and completion is expected in December 2013.

Dr. Vasudev also reported on a new project in the works, titled "Music therapy in the treatment of agitation in patients with dementia on an inpatient unit." This project is currently awaiting REB approval. Joanna Thornley, a previous social work intern, is a research assistant on this project.

Dr. Vasudev's medical student, Kara Dempster, was a SROP awardee in 2011. She has now completed her project and was awarded the best student presentation at the Annual Department of Psychiatry Research Day on June 21, 2012. She was co-supervised by Dr. Marnin Heisel.

An application for Chronic Disease Management of COPD and Depression, an inter-department collaboration involving Psychiatry, Medicine and Family Medicine has been submitted to the Dean. Lead PI is Dr. Paul Links. Co-investigators include Dr. Vasudev and Dr. Van Bussel.

The Continuing Professional Development group co-hosted by Dr. Vasudev and Florence Dean continues to have quality presentations

from team members. They hope to expand this to external speakers and additional audiences.

Lisa Van Busse, Chair

Division of Social and Rural Psychiatry

Research samples:

Rudnick A (ed). Special theme issue on psychiatric rehabilitation. *Current Psychiatry Reviews*. In press.

Education highlights:

The longitudinal experience of residents in psychiatry in relation to patients with serious mental illness (SMI) has been changed by the Royal College of Physicians and Surgeons of Canada. Details are available through our Department's PGE office.

Mini-library and Webpage:

The Division of SRP has a mini-library (a kindle, books and manuals), focused primarily on mental health related fiction and research methods in social sciences and humanities that are relevant to psychiatry. Items can be loaned at the Division's office, Regional Mental Health Care London (contact Hanna at 519-455-5110, ext. 47225). The list of items can be viewed on the webpage of the Division of Social and Rural Psychiatry (<http://www.psychiatry.med.uwo.ca/dsrp.asp>).

Regional Mental Health Care (RMHC):

Deb Corring, the Department's adjunct faculty member and a director at RMHC, continues to lead mental health transformation at RMHC.

Extended Campus Program (ECP):

ECP faculty and some of our Department's leadership and residents are planning to attend the Ontario Psychiatric Outreach Program (OPOP) retreat in S.S. Marie in September 2012. Dr. Paul Links, Chair of our Department, will be Acting Director of ECP starting September 2012.

North of Superior Program (NOSP):

Bastian DePeuter, the Executive Director of NOSP, ended his work with NOSP this summer. He will be well remembered for his contributions to NOSP.

Succession:

I am leaving Western this summer. Future planning for the Division is in progress. I enjoyed working in the Division and in the Department and its affiliates more generally, and I wish you all the best.

Sincerely,

Abraham (Rami) Rudnick, Exiting Chair

Bioethics Program

Education highlights:

The Department's bioethics annual summer course for new residents occurred again in July 2012.

Research:

Rudnick A (ed). *Recovery of people with mental illness: philosophical and related perspectives*. Oxford: Oxford University Press, 2012.

Webpage:

The webpage of the bioethics program can be found on the webpage of the Department of Psychiatry, in the programs section.

The Canadian Unit of the International Network of the UNESCO Chair in Bioethics:

The next conference of this network occurs in Israel in September 2012.

Succession:

I am leaving Western this summer. Professor Louis Charland, cross-appointed to our Department and joint-appointed to the Department of Philosophy and to the Faculty of Health Sciences at Western, will replace me in teaching bioethics in our Department. I enjoyed my bioethics role and other work in our Department, and I wish you all the best.

Sincerely,

Abraham (Rami) Rudnick, Exiting Director

Research Report

Academic Research Day

The 2012 Academic Research Day for the Department of Psychiatry was held at the Best Western Lamplighter Inn on June 21. There were fifteen oral presentations and twenty-six posters. It was fascinating and rewarding to see the range and calibre of research being carried out in our Department. Topics included neuropsychiatry, suicide ideation, mental health issues in homeless youth, physical health in those with severe mental illness, health service delivery, early intervention for psychosis, cognitive aspects of psycho-pathology, stigma of mental illness, psychopharmacology and other areas.

Awards for “Best Presentations by Students” were won by Kara Dempster for her talk on “Cerebrovascular risk factors and suicide ideation among older primary care patients” and Yang Ye for his presentation titled “The effects of negation versus affirmation training on implicit stereotypes and behaviours related to schizophrenia.” Kara is a medical student at Western and Yang is a PhD student in the Department of Psychology at Western. I wish to acknowledge the generous support of Astra-Zeneca and its representative, Mr. Ramu Seshan, for providing the student awards.

The award for “Best Poster” went to Andrew McClure for his presentation titled “Investigating the association between personality characteristics and suicide ideation in community resident older adults.” Andrew is a Master’s student in the Department of Epidemiology and Biostatistics.

This year’s “Tom Hepburn Award” for best presentation by a junior faculty member was awarded to Dr. Jason Carr for his presentation “Broad and strong improvements in cognitive functioning over the first five years of specialized treatment for first episode psychosis.”

The Academic Lecture was given by Dr. Ashok Malla, Professor of Psychiatry at McGill University. Dr. Malla holds a Tier Canada Research Chair in Early Psychosis and is the Director of the Prevention and Early Intervention Program for Psychoses in Montreal. He spoke on the benefits and challenges of integrating research and clinical service. Dr. Malla’s presentation was most interesting and particularly timely given our Department’s commitment to better integrating our research and clinical endeavours.

The quality of all of the work described was truly impressive, and the Department is indebted to all participants for making it a memorable day.

Many thanks to Drs. Paul Links and Richard O'Reilly for their commitment to judging all presentations and posters, and selecting the award winners.



Drs. Paul Links and Richard O'Reilly with award winners, Yang Ye and Kara Dempster.



Judges with Dr. Jason Carr, recipient of the "Tom Hepburn Award"

Seed Funding

Please note that the deadline for the Fall Seed Fund Competition for the Department of Psychiatry is **October 19**. The competition is particularly intended to support research proposals from residents, graduate students, fellows and junior faculty – but all Department members are welcome to apply. The maximum funding for each proposal is \$7500. Further details concerning the competition, as well as application forms are available from Jacqueline at 519-685-8500, extension 75626, or e-mail jacqueline.dimattia@lhsc.on.ca.

Annual Report

A call has been circulated to all members of the Department of Psychiatry to forward research related information for purposes of the 2011-2012 Annual Report. Listings of publications, research funding, conference presentations, etc. should be forwarded by **September 14**. Instructions concerning the required formatting of material can be obtained from Jacqueline at 519-685-8500, ext. 75626 or e-mail her at jacqueline.dimattia@lhsc.on.ca.

FALL 2012

SEED FUND COMPETITION

Department of Psychiatry

Western University

I am pleased to announce that seed funding for research projects will once again be available to members of the Department. Preference will be given to funding proposals from residents, graduate students, fellows and junior faculty. In addition to funding of applications from faculty, funds are also protected for the funding of projects from residents.

The funding amount for each project is to a maximum of \$7,500. We particularly hope to support projects for which there is the potential for future external funding. We discourage re-applications for extended funding of a project for which seed funds have already been granted.

For more information, please contact Jacqueline @ ext. 75626 or jacqueline.dimattia@lhsc.on.ca.

**THE DEADLINE FOR
APPLICATIONS IS:**

Friday, October 19th, 2012

**New Full Time Clinical
Academic Faculty**

We missed submitting a profile for Dr. Craig Beach in the Summer 2012 newsletter, so our apologies go out to Dr. Beach for this oversight. Here are the profiles for Dr. Beach, as well as our two newest faculty members – Dr. Javeed Sukhera and Dr. Rebecca King.

Dr. Craig Beach



Dr. Craig Beach joined the Department of Psychiatry on March 12, 2012. His university appointment is at the rank of Assistant Professor in the Provost stream. Dr. Beach's clinical work in the Division of Forensic Psychiatry will involve outreach work with the Forensic Outreach Program, and he will also follow a small number of inpatients. He serves as the Physician Lead for the RMHC St. Thomas Forensic Psychiatry Program and holds the academic role as Chair, Division of Forensic Psychiatry.

Dr. Beach obtained his BA, Psychology, at UWO in 1998 and his MD at The Michael G. DeGroote School of Medicine, McMaster University, Hamilton. He began his residency (2003-04) in psychiatry through St. Michael's Hospital, University Health Network, in Toronto and completed his psychiatry residency through Columbia University, New York from 2005-09). From 2004-05, he completed a Master of

Science in Forensic Mental Health Science at the Maudsley Hospital, University of London, UK. Dr. Beach did a forensic psychiatry fellowship from 2009-10 at Case Western Reserve University, Cleveland, OH. During his education, Dr. Beach received several awards and was active in research in the area of forensic psychiatry, including some publications as first author and co-author.

Dr. Beach began his clinical work in forensic psychiatry in Penetanguishene, initially at the Central North Correctional Centre and in September 2010 at the Waypoint Centre for Mental Health until joining our Department in March. From December 2010 to present, he provided general and forensic psychiatry consultations through the Ontario Telemedicine Network (OTN). In February 2011, he became part of the Integrated Law & Psychiatry Consulting Group (ILPCG), a consulting team of Canadian and American psychiatrists, attorneys and other health care/legal professionals, who offer recommendations for managing client diverse legal and psychiatric needs.

Dr. Beach has given several local, national and international presentations and workshops. He has continued his educational experience by attending several conferences/courses in the area of psychiatry and the law. Dr. Beach has been active in committee work and holds part time teaching appointments at both McMaster University and the University of Toronto.

Please extend a warm welcome to Dr. Beach as he continues his work as a full time clinical academic in the Department of Psychiatry.

Dr. Javeed Sukhera



Dr. Javeed Sukhera joined the Department of Psychiatry on July 1, 2012. His university appointment is at the rank of Assistant Professor in the Provost stream. Dr. Sukhera's clinical work will be in the Division of Child and Adolescent Psychiatry where he will be acting as the Physician Lead for the Transitional Age Program. He will be responsible for five inpatient beds, provide ambulatory care for children and adolescents, and develop the ambulatory and consultation liaison care model for transitional youth.

Dr. Sukhera completed his BSc at Trinity College, University of Toronto, and received his MD at the Medical School for International Health, Ben Gurion University, Israel, in collaboration with Columbia University Medical Center. He completed his residency in General Psychiatry in 2010, as well as a two year fellowship in Child and Adolescent Psychiatry, both at the University of Rochester.

During his medical education and residency, Dr. Sukhera won several awards and honors, including the American Psychiatric Institute for Research and Education / Janssen Psychiatric Research Scholarship in 2010 and in 2011, the Systems of Care Special Program Scholarship from the American Academy of Child & Adolescent Psychiatry / Canadian Academy of Child & Adolescent Psychiatry Joint Annual Meeting.

Dr. Sukhera was an active teacher during his education, including working with the Canada International Scientific Exchange Program where he provided professional development and mentorship for health profession students in Israel, Jordan and the Palestine Territories. He also facilitated several group workshops, courses and resident rounds during his residency, as well as provided lectures to medical students.

Dr. Sukhera has also been an active administrator and leader, as President for the University of Toronto Pre-medical Society; founding Chairperson of the Student Council, Medical School for International Health; Chief Resident in Child and Adolescent Psychiatry, University of Rochester (2011-12); as well, he has served on boards for the Association of American Medical Colleges.

Dr. Sukhera has been involved in some research activities as co-investigator, co-author, and principal investigator on one study. He has some peer reviewed publications and has given several presentations with local, national and international exposure.

Please extend a warm welcome to Dr. Sukhera as he returns to Canada and begins his work as a full time clinical academic in the Department of Psychiatry at Western University.

Dr. Rebecca King



Dr. Rebecca King joined the Department of Psychiatry on August 1, 2012. Her university

appointment is at the rank of Assistant Professor in the Provost stream. Dr. King's clinical work in the Division of General Adult Psychiatry will be with both inpatients and outpatients. Her preferred patient grouping being those patients who are in the "borderland" of medicine and psychiatry or neurology and psychiatry, particularly the transfers to inpatient psychiatry from Consultation-Liaison who could benefit from ongoing care with a Consultation-Liaison psychiatrist, and patients with these issues who are admitted through the Emergency Room.

Dr. King will establish an ambulatory practice with a nonexclusive focus on outpatient consultation-liaison psychiatry, facilitate continuity of care for her patients from inpatient to outpatient care, and practice within an interprofessional model of care. She will be supported in developing, with others, a neuropsychiatric focus in her outpatient work, for instance, possibly engaging in consultation to the Epilepsy and Movement Disorders Clinics at University Hospital.

Dr. King completed her BSc in Behavioural Sciences at Memorial University in St. John's, NL, and received her MD at Memorial University also. She relocated to London in 2006 and began her residency in psychiatry at UWO. Upon completing her residency in June 2011 at Western, Dr. King did a fellowship in Psychosomatic Medicine at the Sloane-Kettering – Columbia University in New York City.

During her undergraduate years, as well as her medical education, Dr. King won several awards for academic and clinical excellence in these programs. She was active in volunteer work, sitting on committees and acting as co-ordinator/representative for various activities during medical school and her residency. In 2010, during her residency, Dr. King won the Senior Resident of the Year Award for top performance in a psychiatry residency program. She provided intradepartmental

presentations during her residency and acted as Psychiatry Senior Resident Clerkship Educator from January to May 2009 and Supervisor for Pediatric Psychiatry Interviewing Skills.

Dr. King is currently involved in a research pilot woman's study, supported by a department Seed Funding Grant, leading a clinical survey as the primary co-investigator/grant recipient; and she is also co-investigator on the development of a CPD tool, funded by Western CPD funding.

Please extend a warm welcome to Dr. King on her return to London as she continues her work as a full time clinical academic in the Department of Psychiatry. Congratulations should also be extended to Dr. King on her upcoming nuptials over Labour Day weekend in the UK.

Bonnie Ideson, HR and Faculty Consultant

FACULTY & OTHER NEWS

Promotions

Congratulations to: Dr. Ruth Lanius on her promotion to Full Professor as of July 1, 2012.

Dr. Varinder Dua on her promotion to Associate Professor with a Continuing Appointment, effective July 1, 2012.

Department of Psychiatry Annual Awards for the Academic Year 2011-2012 (not noted elsewhere in this Newsletter)

Senior Faculty Award: Dr. Sandra Fisman

PGE-Junior Resident of the Year Award: Dr. Rachana Bodani

PGE-Senior Resident of the Year Award: Dr. Michelle Ngo

Best CME Presentation by a Junior Resident: Dr. Rebecca Tudhope

Best CME Presentation by a Senior Resident: Dr. Juliana Li

Best CME Presentation by Junior Faculty: Dr. Kamini Vasudev

Best CME Presentation by Senior Faculty: Dr. Sarah Jarmain

Division of General Adult Psychiatry-Clinician of the Year: Dr. Jennifer Barr

Division of Social and Rural Psychiatry-Faculty: Dr. Richard O'Reilly

Research Award: Dr. Paul Frewen

Over 25 Years of Service with Western University: Dr. Bhadresh Surti and Colleen Chryssoulakis

In Memoriam

Dr. Juanita Casselman, who had a part time, post retirement appointment as an Associate Professor in the Department from July 1, 1995 to June 30, 2003, died peacefully at Mt. Hope in London on August 5, 2012, at the age of 92. She graduated with a degree in medicine from the University of Toronto in 1952 and practised in the areas of psychiatry and psychoanalysis. Dr. Casselman provided psychotherapy supervision to many residents.

Continuing Professional Development in Psychiatry

Director: Dr. Varinder Dua, Department of Psychiatry, Schulich School of Medicine and Dentistry, Western University

Assistant Director: Mr. Joel Lamoure,
Department of Psychiatry, Schulich School of
Medicine and Dentistry, Western University

Western Psychiatry CPD Monthly Rounds

Second Thursday of the month, from 8:30 – 10:30 am, throughout the academic year, unless otherwise noted.

2012: Sept 13, Oct 11, Nov 8, Dec 13

For more information on the September 13 event, please see under “Developmental Disabilities and the Autism Centre of Excellence” section above.

Location: Zone B, 2nd Floor, Auditorium Room (B2-119), London Health Sciences Centre, Victoria Hospital; teleconferenced to Extended Campus Program and SWOMEN plus their affiliates via the Division of Social and Rural Psychiatry.

Continuing Professional Development Rounds are a self-accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada (2).

Contact for questions: Carissa Peterson, Education Coordinator, Psychiatry CPD, Victoria Hospital, London Health Sciences Centre. Email: cpdpsychiatry@lhsc.on.ca; Phone: 519-685-8500, ext. 75701.

Western Psychiatry in partnership with the Coordinated CPD Program of Regional Mental Health Care & London Health Sciences Mental Health Care Program Event presents:

3rd Annual Mental Health Symposium

Thursday, November 29: “HIV and Mental Health”

Location: Best Western Lamplighter Conference Centre

Audience: This program is open to all mental health professionals in Ontario. Registration is limited to 200 participants.

The full day program will feature:

Plenary Sessions presented by:
Dr. Edward Ralph – “Medical Overview of HIV”
Dr. Julie Maggi – “The Intersection of HIV and Mental Health – Are they at Crossroads?”
Dr. Kenneth Rosenthal – “New Understanding of HIV Pathogenesis and the Key Role of Immune Activation”

You will have the opportunity to attend four of the eight workshops offered.

Workshops led by: Dr. Julie Maggi – “Psychiatric Disorders in HIV: A Case-Based Series”
Dr. Alice Tseng – “Pharmacotherapy in HIV” & “DDIs in HIV and Mental Health”
Dr. Adriana Carvalhal – “HIV and Neurocognitive Disorders”
Dr. Margaret Pelz – “The Triple Diagnosis: HIV, SMI, and SUD”
Dr. Mara Goldstein – “Therapeutic Communication and Alliance in the HIV Population”
Dr. Tisha Joy – “Managing Metabolic Complications of HIV”
Mr. Bill Gayner – “Mindfulness for People Living with HIV”

Registration: Register by **November 15** for the “early bird” rates. Please visit: <http://www.psychiatry.med.uwo.ca/cpduwo.asp> for more information, including registration form and fees.

Contact: Carissa Peterson
Education Coordinator, Psychiatry CPD
Phone: 519-685-8500, ext. 75701
email: cpdpsychiatry@lhsc.on.ca

Fall 2012 SSMD Continuing Professional Development Calendar

This calendar was distributed recently and is also available online at: www.schulich.uwo.ca/cpd

You will notice a few changes as you begin to peruse the catalogue; the overall look has changed and for the first time Faculty & Staff Development workshops have been combined with Continuing Medical Education (CME) programs.

We look forward to the participation of faculty, staff, residents, postdoctoral scholars, and graduate students from the Schulich School of Medicine & Dentistry.

To register online please visit our website at www.schulich.uwo.ca/cpd

We look forward to hearing from you.

*Continuing Professional Development
Schulich School of Medicine & Dentistry (SSMD)*

Upcoming Event

Huron University College at Western is celebrating its 150 Anniversary in 2013 and as part of this celebration, this upcoming sesquicentennial lecture may be of interest to Psychiatry faculty:

When: **November 15, 2012** at **7:00 pm**

Lecture Title: **Rethinking Depression and its Treatment: Insights from Studies of Deep Brain Stimulation**

By: **Dr. Helen Mayberg**, Professor of Psychiatry, Neurology and Radiology and the Dorothy C. Fuqua Chair in Psychiatric Neuroimaging and Therapeutics, Emory University School of Medicine

Where: Kingsmill Room, **Huron University College**, 1349 Western Road, London, Ontario

Contact for more information:
Kathryn Schade, Chair
Sesquicentennial Academic Programming
Huron University College at Western
tel: 519-438-7224, ext. 609
fax: 519-438-3938
email: kschade4@huron.uwo.ca

Submissions for the Winter Issue of the Newsletter

Please submit any newsworthy items by **November 15, 2012** for the Winter Newsletter to: Colleen Chryssoulakis at colleen.chryssoulakis@lhsc.on.ca