## Week 1 Clerkship Seminar

## **Prenatal Care and Labour Management**

## **Objectives:**

- 1. Discuss the sequence of prenatal care, prenatal screening and diagnostic tests (IPS, Quad screen, amniocentesis, CVS) and fetal ultrasound (NT, morphology).
- 2. Understand normal and abnormal progress of labor for nulliparous and multiparous women including the assessment of labour, cervical dilation, fetal position.
  - a. Define the terms position, presentation, station, effacement and dilation.
  - b. State the definition of labor and the stages of normal labor and delivery.
  - c. Describe the normal labor curve for nulliparous and multiparous and techniques to evaluate the progress of labour.
  - d. Review methods of induction, including cervical ripening, and augmentation of labour.
  - e. Describe 3 options for managing failure to progress in labour.
- 3. Learn the criteria for ensuring intrapartum fetal wellbeing (intermittent and continuous fetal heart rate monitoring).
  - a. Describe the methods of intermittent and continuous intrapartum fetal heart monitoring
  - b. List 5 criteria used to describe fetal heart rate tracings.
  - c. List the indications for electronic fetal monitoring in labour
  - d. List 3 types of decelerations and the implications of each

Suggested Preparation:

The Antenatal Interview – Mrs Karen Smith http://www.familymedicineuwo.ca/undergraduate/index.htm

SOGC Fetal Health Surveillance Guideline – Sept 07 Chapter 2 – Intrapartum Health Surveillance :

http://www.sogc.org/guidelines/documents/gui197CPG0709r.pdf