

## **Case Presentations:**

**Case 1.** A 38 year old teacher consults you for prenatal care with her first pregnancy. Her last normal menstrual period was nine weeks before this visit. She has some early nausea and urinary frequency. Otherwise she feels perfectly well. On examination, her uterus is about 8 weeks in size and she has a softened cervix. Discuss your management of her pregnancy.

**Case 2.** Janet is a 24 year old woman at 40 weeks gestation in her first pregnancy. She came to triage at 1 am in the morning unable to sleep because of painful tightening every 5 minutes. Her cervix was 2 cm dilated and 50% effaced. She walked for 2 hours, was re examined but the cervix was unchanged. At 8 am she began to have more uncomfortable contractions and came to triage again. Her cervix was 3 cm dilated and her membranes ruptured 10 minutes after the exam. She requested an epidural. Over the next 8 hours she progressed to 7cm. Over the next 3 hours her cervix did not changed. The fetal heart rate tracing baseline is 170 and the variability is 5-10 beats / minute. She is exhausted and requests a caesarean section.