
OBJECTIVES

- Define menopause and prevalence of menopausal symptoms.
- Discuss the pros and cons of HRT as well as contraindications.
- Review the different modalities of treatment.
- Discuss genital atrophy and sexuality changes in menopause.
- Critically evaluate the results of the literature including the WHI trial.
- Describe non hormonal ways of treating menopausal symptoms.
- Review SOGC guidelines and recommendations.