

A portrait of Dr. Jessica Howard, a woman with shoulder-length brown hair and blue eyes, smiling. She is wearing a black top and a stethoscope. The background is a clinical setting with medical equipment visible on the left.

# ILDERTON, ONTARIO

## Middlesex Centre Family Medicine Clinic

For Dr. Jessica Howard, going to work is an easy task as she loves her job and the staff with whom she works. After completing her BSc in Physiology, MD, and family medicine residency at Western University, Dr. Howard went on to earn an additional diploma in Practical Dermatology at the Cardiff University School of Medicine in Wales. Today she practices general family medicine with a special interest in dermatology, doing minor surgeries and serving as a resource for the other members in her practice.

The most enjoyable part of Dr. Howard's clinical work is forming relationships with patients and being a part of their lives, whether she plays a small or large role. She is married to Dr. Shiraz Malik, also a family doctor practicing Palliative Medicine, and welcomed her first son this year.

At the Schulich School of Medicine & Dentistry, you're more than just another resident. We specialize in training comprehensive family physicians and future leaders in family medicine. We do this through a highly adaptable program that includes tailor-made curriculum and educational programs for residents.

Learn more at [www.schulich.uwo.ca/familymedicine](http://www.schulich.uwo.ca/familymedicine)

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## A TYPICAL WEEK IN ILLDERTON

	MON	TUES	WED	THURS	FRI	SAT
08:00 09:00	Hospital Rounds				Hospital Rounds	Hospital Rounds and/or clinic when on call
09:00 10:00	Patients	Emergency	Teaching	Patients		
10:00 12:30	Patients	Emergency	Teaching	Patients		
13:30 17:00	Skin Clinic		Teaching			

## Ilderton, Ontario

### Demographics

- Ilderton is located minutes north of London
- Population size of 2,000
- Ilderton is a semi-rural community
- Brand new, \$2.7million, 13,000 sq. ft facility

### Practice Experience

- Patient profile includes patients of all ages
- Residents can commute from London
- Electronic Medical Records
- Internet Access

### Teaching

- Staff physicians will be involved in the day-to-day clinical teaching and formal teaching
- On-call shifts will be according to PAIRO rules
- Close proximity tertiary care centres in London and regional hospitals such as South Huron Hospital, Stratford General Hospital and Strathroy Middlesex General Hospital

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