The Schulich Learner Wellness Office

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WE MAKE A LIVING BY WHAT WE GET, BUT WE MAKE A LIFE BY WHAT WE GIVE.
~Winston Churchill
Learner Equity and Wellness

Who We Are
What We Do

• Provide counselling, coaching and, where necessary, referrals to specialist physicians and other health care professionals, for individual learners with:
  – Physical or mental health issues
  – Concerns about career planning or transitions, workplace culture or dynamics
  – Stress related to academic difficulty, performance issues, remediation, exam anxiety, learning needs, finances, or personal/family issues

What We Do

• Collaborate with UGME, Hippocratic Council, Dentistry, PGME, PARO, residency programs, clinical departments and Medical Affairs to:
  – Foster a healthy workplace and learning environment
  – Promote work-life balance
  – Maintain the highest standards of professionalism
What LEW Can Offer Learners

- Safe and confidential space to air concerns: we work at arm’s length from residency programs, program directors, UGME, Dentistry and PGME offices, and hospital Medical Affairs
- Advice and suggestions from seasoned professionals
- Direction to most appropriate resources

Resilience
Contact

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• Web: https://www.schulich.uwo.ca/learner-equity-wellness