

# The Schulich Learner Wellness Office



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Western  Medicine&Dentistry  
Schulich School of Medicine & Dentistry

 Schulich  
MEDICINE & DENTISTRY

WE MAKE A  
**LIVING** BY  
**WHAT WE GET,**  
BUT WE MAKE A  
**LIFE** BY  
**WHAT WE GIVE.**

~WINSTON CHURCHILL

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# Learner Equity and Wellness



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# Who We Are



Western  Medicine&Dentistry  
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## What We Do

- Provide counselling, coaching and, where necessary, referrals to specialist physicians and other health care professionals, for individual learners with:
  - Physical or mental health issues
  - Concerns about career planning or transitions, workplace culture or dynamics
  - Stress related to academic difficulty, performance issues, remediation, exam anxiety, learning needs, finances, or personal/family issues

## What We Do

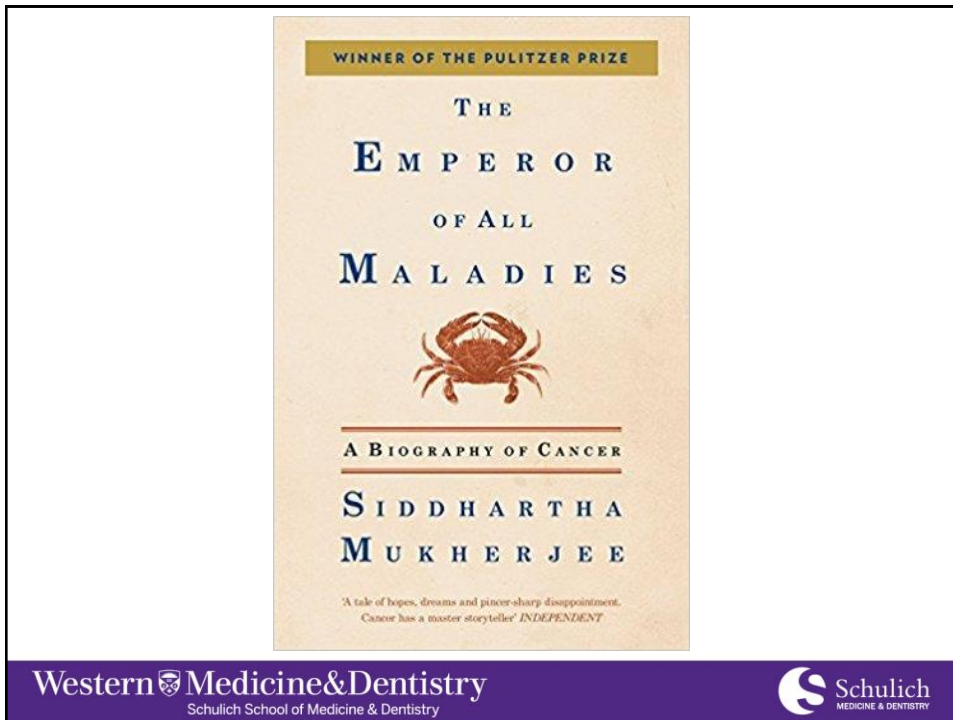
- Collaborate with UGME, Hippocratic Council, Dentistry, PGME, PARO, residency programs, clinical departments and Medical Affairs to:
  - Foster a healthy workplace and learning environment
  - Promote work-life balance
  - Maintain the highest standards of professionalism

## What LEW Can Offer Learners

- Safe and confidential space to air concerns: we work at arm's length from residency programs, program directors, UGME, Dentistry and PGME offices, and hospital Medical Affairs
- Advice and suggestions from seasoned professionals
- Direction to most appropriate resources

## Resilience





## Contact

- Office: K1, Kresge Building
  - Telephone: (519) 661-4234
  - Email:
    - [Equity.Wellness@schulich.uwo.ca](mailto:Equity.Wellness@schulich.uwo.ca)
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- General inquiries  
Associate Dean  
Assistant Dean, PG  
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Manager, Windsor